



**Mobile
Health**
RESEARCH



Mobile Health Research Service

Wheels in Motion | Research in Action

The Mobile Health Research Service is part of the Research and Development (R&D) Department at the Western Health and Social Care Trust. This is a phased roll-out of mobile health research services beginning in the WHSCT area and then progressing across all of Northern Ireland.

Our service has a Mobile Research Unit, which is a specially designed mobile clinic that brings health research closer to where people live across Northern Ireland. You do not always need to travel to a hospital or research centre to take part in research. We can bring research to your local community.

The Mobile Research Unit includes a comfortable waiting area and two fully equipped clinical rooms where research appointments can be carried out safely and privately.

What is health research and why does it matter?

Health research helps us find better ways to prevent illness, diagnose conditions and improve treatments and care.

Every medical treatment we use today has been advanced through research. Health Research helps make sure that future healthcare is based on the best produced evidence.

By taking part in health research, you can help improve healthcare for yourself, your family, the community and future generations.

Research is for Everyone

People from all backgrounds and communities can take part in health research. We want to make it easier for everyone to learn about research and have the opportunity to take part. We are working with local communities to make health research easy to access and to help benefit everyone.

Taking part in research studies is your choice. You do not have to take part. We will explain the study, answer your questions so that you can then decide.

What can we do on the Mobile Research Unit?

Our trained healthcare professionals can:

- Explain our research studies and answer your questions.
- Discuss whether a study is right for you.
- Obtain your permission if you choose to take part in a study.
- Measure your height, weight, waist measurement and blood pressure.
- Carry out ECG tests for your heart.
- Take blood samples and other simple samples, such as saliva or cheek swabs.
- Safely prepare and store research samples.
- Provide you with the research medication and monitor your health for the study period.
- Carry out quick health checks as part of some studies including cholesterol and blood sugar (HbA1c) levels

Working together

Our partnerships:

A strategic partnership between the WHSCT Research and Development Department and the Centre for Research Equity (CfRE), University of Oxford, aims to promote research equity in commercial clinical trials across Northern Ireland. This collaboration builds upon the longstanding relationship between PHA HSCNI R&D and CfRE. Funding is enabled through PHA HSCNI Commercial Research Delivery Centre (CRDC).

To find out more?

If you would like to find out more about health research or how to take part, please get in touch at the details below:

Mobile Health Research
C-TRIC
Altnagelvin Area Hospital
Glenshane Road
BT47 6SB

 mobileresearch.ni@westerntrust.hscni.net

 028 7161 0772



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On the Road to
Better Health