

Please read this social story with your child to help familiarise them with the Community Dental Department before their appointment. You may want to cut out the images to make your own story book.

Your child may also want to read this story independently. Alternatively you can watch the 'Open Wide: A Child's First Visit to the Dentist' video on our YouTube channel: www.youtube.com/WesternTrust

Your child may see a different dentist or nurse on their visit:



Today I am going to the Dentist. My family and I will go to the Omagh Hospital and Primary Care Complex.



To get to the Dentist I need to take the lift or walk up the stairs to the 1st floor. I will follow the signs to the Dental Department.



The Dentist helps me keep my teeth clean and healthy.



I will check in at the Dental Reception.



I will have a seat in the waiting area. There are toys and books there for me to play with.



When the Dental Nurse calls my name I will go into a room to see the Dentist. The person that takes me to the appointment can come with me.



My Dentist and Dental Nurse will say Hi to me and chat to me about my teeth.



My Dentist will wear a mask, gloves, glasses and a uniform to get ready to count my teeth.



I will be asked to sit in a special chair. It will move and lean back. I can sit in this chair so the Dentist can look at my teeth.



The Dentist will use a big light to help look inside my mouth. The Dentist will ask me to wear sunglasses to keep my eyes safe.



I will try to open my mouth wide for the Dentist to see. I will try to stay as still as I can.



The Dentist will check my teeth with a mirror and may use other items to touch my teeth.



When the Dentist is finished I can choose a sticker.



Then I can leave and wave goodbye.

If you or your child has any particular concerns about attending the Community Dental Department, please contact us beforehand to discuss.

Community Dental Department, Omagh Hospital and Primary Care Complex

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