

Child and Adolescent Mental Health Support:

Literature

Links to helpful information:

NHS Leaflet

Supporting children and young people involved in major trauma: Advice for parents, caregivers and teachers

Link to EA resources specific to critical incident for YP/Parents:

<https://www.eani.org.uk/school-management/in-an-emergency-school-information/managing-a-critical-incident>

Drop in

Planned drop in sessions for parents/ community advocates who have questions about how to support Children/Young People in the immediate aftermath

Tara Centre

Monday 27th February 2pm to 5pm

Wednesday 1st March 4pm to 7pm

Helpline

For Parents/carers who would like sooner advice with regards to how to support their child/young person a helpline is available. Parents/carers can access this by calling 07760997075 between 9am and 1pm from 24/02/23 to 03/03/23. Your name and number will be taken and a member of the Child and Adolescent Mental Health Service will return your call.

If parents/carers have immediate concerns regarding their child/young person's emotional health and wellbeing or safety please make direct contact with your GP or Out of Hours Services/A&E.