



WRDA is offering the Breast, Cervical and Bowel Screening Awareness Programme Online

Women's Resource and Development Agency have been working hard to adapt and overcome barriers to delivering the important information within the Breast, Cervical and Bowel Screening Awareness Training Programme.

The online training programme consists of 3 sessions:

- **Breast Screening and Breast Awareness**, including a practical demonstration on how to correctly check your breasts and explains the signs and symptoms to look for.
- **Cervical Screening**, what happens at a smear test, and includes the types of results and what they mean.
- **Bowel Cancer Screening** raises awareness of bowel cancer screening, what signs and symptoms to look out for, ways to reduce your risk of developing bowel cancer and how to take the screening test.

Online training is available via:

Zoom

- **A communication platform** which enables participants to access a virtual group using their laptop, tablet or phone.

Webinars

- **We have 3 webinars**, 3 short films on breast screening awareness, cervical screening and bowel screening awareness which individuals and groups can view on their laptop, tablet or phone.

If your group/organisation works with or supports people with additional support needs contact paula.murray@wrda.net or emma.gray@wrda.net

The Breast, Cervical and Bowel Screening Awareness Training Programme is available across Northern Ireland.

