



## GETTING INVOLVED STAYING IN TOUCH

**You may not feel ready to get involved directly in writing or delivering courses or attending our service user group but you may still wish to be kept informed of what is happening in your area, for example what courses are available in your area or any initiatives planned.**

You can visit our website at [www.westerntrust.hscni.net](http://www.westerntrust.hscni.net)

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