

## Community Occupational Therapy Departments



**For Limavady, Londonderry & Strabane  
Woodview, Gransha Park, Clooney Road,  
Londonderry BT47 6TF  
Tel: 028 71 865 228**

**For Enniskillen (upper & lower Lough Erne),  
Dromore & Trillick (Co Tyrone)  
1<sup>st</sup> Floor, Health & Care Centre,  
Erne Health Centre,  
Erne Road, Enniskillen BT74 6NN  
Tel: 028 6632 7787**

**For Carrickmore, Castlederg, Drumquin, Fintona, Gortin,  
Greencastle, Newtonstewart, Omagh, Plumbridge and  
Victoria Bridge areas**

**Joint Admin Workspace,  
Omagh Hospital & Primary Care Complex,  
7 Donaghanie Road, Omagh BT79 0JJ**

**Tel: 028 8283 5955**

## Community Occupational Therapy Services



## ***1. What is the aim of Community Occupational Therapy?***

### **Community OT aims to:**

- Enable people with physical disabilities to be as independent and as safe as possible in their own home.
- Promote quality of life for people with disabilities and that of their carers.
- Support the carer and enable them to continue in their carer's role.

## ***2. What do Community Occupational Therapists do?***

- Community Occupational Therapists work with people of all ages who are permanently disabled.
- They carry out practical assessments of people's ability to carry out their activities of daily living: this could include personal care, household tasks, ability to care and be cared for, and to live safely in their own home.

## ***3. Following Assessment Community Occupational Therapists can:***

- Give advice in relation to easier and safer ways of managing everyday activities i.e. washing, dressing, household tasks and activities.
- Arrange for the loan of special equipment and its safe use.
- Advise and arrange the provision of wheelchairs and specialised seating.
- Assess and make recommendations for home adaptations to NIHE/Housing Associations or for grant assistance for Disabled Facilities in privately owned homes.
- Advise on re-housing where appropriate.
- Refer people to other professionals such as Physiotherapists, Speech and Language therapists, specialist Nurses, etc.

## ***4. How can you make a referral to Community Occupational Therapy Service?***

If you live in Limavady, Londonderry, Strabane Omagh or Fermanagh areas a referral can be made using the referral help line:

*Tel (028) 71 864399*

*Monday – Friday 9am - 5pm*