

What is the Occupational Therapy Rehabilitation service?

Occupational Therapy (OT) Rehabilitation provides a short term rehabilitation programme, following illness or a deterioration in functional ability.

It provides support for clients requiring ongoing Occupational Therapy rehabilitation in their own home/community setting or following hospital discharge.

Through assessment and intervention OTs aim to improve clients functional independence.

It allows clients to become as independent as possible while remaining in their own homes / community.

What do Rehabilitation Occupational Therapists do?

Occupational Therapists assess difficulties that a client may have when undertaking everyday practical tasks. Providing information / advice about how to do things differently, to practice and promote independence in:-

- Washing, dressing, bathing, showering
- Chair, bed, toilet, car transfers
- Functional mobility in home environment, negotiating steps / stairs
- Domestic activities eg meal preparation, shopping, laundry management, community re-integration.
- Using activities to increase range of movement, balance and co-ordination

- Provide advice to carers and relatives

Referral Criteria

Client who has had a recent hospital admission, medical event or episode **resulting in a change to their baseline level of functional independence** and has the potential to improve following a time limited period of rehabilitation.

Client must:-

- Have been informed and consented to referral to Occupational Therapy Rehabilitation
- Have clearly identified Occupational Therapy rehab goals which **must** be stated on Referral Management Application (RMA)
- Have the cognitive ability to actively engage with the rehabilitation process.
- Be motivated to engage with the rehabilitation process.
- Require no more than assistance of two people
- Be over 18 years of age
- Be medically stable

Who can refer to OT Rehabilitation?

A client can be referred by any GP, hospital / community professional

How is the client referred?

All referrals must be made via PARIS referral system.

Service Area:

Reablement

Location:

OT Rehabilitation Fermanagh

OT Rehabilitation Omagh/ Dromore/Trillick

OT Rehabilitation Strabane/ Castledearg

OT Rehabilitation L'Derry/Limavady

Click New Referral and enter details comprehensively

How you can contact us

Fermanagh : Tel 028 66342400

New Hope Centre, Erne Road, Enniskillen. BT74 6NN

Strabane/Omagh : Tel 028 82835886

J.A.W.S Area, Omagh Hospital & Primary Care Complex, 7

Donaghane Road, Omagh, BT79 0NR

L'Derry: Tel: 028 71865105

Spruce Villa, Gransha Park Clooney Road, L'Derry BT47 6TF

**Any comments, queries or suggestions are always welcome;
please contact us at the above telephone numbers.**



**Western Health
and Social Care Trust**

Occupational Therapy Rehabilitation Service (Community)

Information Leaflet

Independence in Your Own Home

