



Virtual Breastfeeding Support



Western Health
and Social Care Trust

During the COVID-19 Pandemic



Dry Arch Dungiven • 028 7774 2904

Breastfeeding group via zoom every Thursday 11am-12.30pm.

Closed Facebook page Breastfeeding Group,
Dry Arch Breastfeeding Community.

One to one support through telephone contact,
messages and video calling through zoom and WhatsApp.



Western Health
and Social Care Trust

Contact your nearest group to get details on how to access this support, remember you don't need to be in a SureStart area to join in a virtual breastfeeding support group.



Edenballymore SureStart • 028 7137 1670

Online Breastfeeding Support Group every Thursday at 10.30am.

One to one support via telephone or video contact.



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Shantallow SureStart • 028 7135 6110

Online Breastfeeding support every Tuesday 11.30am-12.30pm.



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**Little Hands SureStart • 028 7126 7524
028 713 67524**

Breastfeeding support via Zoom.

Parent and Baby Club every Wednesday at 10am.

One to one support via telephone contact.



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Strabane SureStart • 078 9273 0017

Breastfeeding group via Zoom every Wednesday at 10.30am.

One to one support by telephone contact.



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Cherish SureStart
Contact Adele on 075 2351 2714
Or message Cherish Surestart Facebook page

Zoom Breastfeeding group every Monday and Tuesday at 11am.



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Waterside SureStart
waterside.surestart@actionforchildren.org.uk
028 7134 7186

Virtual Breastfeeding group every Wednesday, 11am-12pm.



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Breastfeeding Support in Omagh and Fermanagh Area

Text or WhatsApp Ann McCrea on 077 5993 5106.



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