

Dementia and Older People's Community Mental Health Team

Patient Information Leaflet



The Dementia and Older People's Community Mental Health Team provides assessment, treatment and support to people over 65 with a mental health problem and/or dementia and those under 65 with an early onset dementia.

There are two geographically focused and fully integrated Dementia and Older People's Community Mental Health Teams in the southern sector of the Western Trust; West Tyrone and Fermanagh.

When should you seek help?

Many people experience mental health or memory problems at some point in their lives. Specialist help may be needed when you can no longer cope with emotional and social pressures in your life.

How to get help

Your GP/Doctor is normally the first source of help, however the GP may feel you need specialist help or care and in these circumstances he/she will refer you to the Dementia and Older People's Community Mental Health Team.

What to expect if referred

When referred to the Dementia and Older People's Community Mental Health Team one of our team may see you initially to arrange an assessment of your needs. This can be at an outpatient clinic either in Omagh, Castleterg, Enniskillen or Lisnaskea.

Who might you see?

The Dementia and Older People's Community Mental Health Team is made up of a number of professionals. Depending on the nature of your mental health concern you may see one or more of the following:

Consultant Psychiatrist
Community Psychiatric Nurse
Cognitive Behavioural Therapist
Hospital Liaison Nurse

Social Worker
Clinical Psychologist
Occupational Therapist
Dementia Navigator

The Dementia and Older People's Community Mental Health Team provides the following services:

Assessment and Diagnostic Service

This includes: specialist memory assessment, psychiatric and nursing assessments, specialist mental health social histories, carers' assessments, specialist occupational therapy assessments, psychological assessments.

Maintenance

Following assessment the person may be followed up with further medical reviews and/or referred to a member of the team for therapeutic interventions, monitoring and follow-up (this will be dependent on the diagnosis and treatment plan).

Crisis Response

The Dementia and Older People's Community Mental Health Team does not have an out of hour's crisis service, Between the hours of 9am – 5pm Monday to Friday, there is a duty officer available to respond to emergencies or crisis.

Memory Assessment Service

The memory assessment service is a specialist service which aims to detect and assess dementia in adults of all ages, make treatment recommendations and provide information and support to patients and care givers. The memory service team consists of memory nurses, team leader, psychiatrist, psychologist, occupational therapist and dementia navigator. The service is dedicated to improving early access and diagnosis for those with a probable dementia.

Psychiatric Liaison Service

The psychiatric liaison service for older people's mental health comprises a psychiatric liaison nurse and a dementia specialist nurse who are supported by the consultant psychiatrist. The service reaches into the Omagh Hospital and the South West Acute Hospital in Enniskillen.

The psychiatric liaison service is responsible for screening the referrals undertaking the assessments, treatment plan and review of patient whilst in hospital. The service also provides information and training to staff in the hospital.

Dementia Complex Behaviour Service

The Complex Behaviour Service provides assessment and interventions into residential/ nursing homes and to the dementia inpatient assessment ward in the Tyrone and Fermanagh Hospital.

WEST TYRONE TEAM

Omagh Hospital and
Primary Care Complex
Tel: 028 82835933

Referral Desk

Cedar Villa, Tyrone &
Fermanagh Hospital
Tel:028 82835133

FERMANAGH TEAM

Coleshill House
Enniskillen, Co.Fermanagh
Tel:028 66344048

Hours of Operation The service operates between 9am to 5pm Monday to Friday

Duty Officer 9am to 5pm Monday to Friday:
Fermanagh 07841 101785 West Tyrone 07525 899131

Out of Hours After 5pm Western Urgent Care GP Service