Coronavirus
What if you get ill?

If the NHS think you have coronavirus, they may tell you to
* Stay at home
* Avoid people
* Plan for 2 weeks

Self Isolation

Ask someone to do your shopping

Tell people not to come in your house or room

Keep toilets, bathrooms and towels clean

Wash your hands a lot

If you are worried DO NOT go to your GP
Stay home and phone NHS 111