



**Family Fund**

Helping disabled children

# Your Opportunity

Help for  
young disabled  
adults aged

**18-24**



Your Opportunity grants support disabled and seriously ill young adults, aged 18 to 24, who are living at home.

Your Opportunity is a dedicated grants programme which aims to enhance the life of a disabled or seriously ill young adult.

## Can we help you?

You can apply for a Your Opportunity grant if you:

- are the main parent or carer of a disabled, or seriously ill, young adult aged 18-24, who lives at home with you
- have not had a Your Opportunity grant on behalf of your disabled young adult, in the past 12 months
- have lived in the UK for the last six months
- have a low household income, or receive a benefit such as Universal Credit, Working Tax Credit, Child Tax Credit etc.

Please visit our website to see our full eligibility criteria and more about the scheme, at:

[familyfund.org.uk/help-for-18-24-year-olds](https://familyfund.org.uk/help-for-18-24-year-olds)



## What can you apply for?

### Your Opportunity provides grants like these:

- **digital equipment** - including laptops, tablets or software to help with learning, coursework or gaming
- **clubs and activities** - membership fees, sports training, support with season tickets or materials for a hobby
- **musical instruments** - contributions towards an instrument of your choice
- **sports equipment** - kit or uniforms, specialist equipment, such as a specialist sport or lightweight wheelchair, or wheelchair maintenance
- **transport** - railcards, train tickets or bus passes
- **day trips** - tickets for the cinema, theatre, concerts or meals out
- **support for learning** - books, stationery or uniform, to support further education, training or vocational courses, including conferences or study weekends
- **driving ambitions** - contributions for a provisional licence, including licence costs, learning materials, theory tests or initial lessons
- **bedroom furniture** - assistance with beds and bedding, or televisions
- **white goods** - kitchen items such as fridge freezers, cookers or washing machines, to help with independence.


### Your Opportunity cannot, unfortunately, provide:

- a family break or a holiday - day trips are considered
- standard or electric wheelchairs - as these should be provided by statutory services
- any equipment that should be provided under statutory provision through local, education or health authorities.

## How to apply

The quickest way to apply for a **Your Opportunity** grant is online: [familyfund.org.uk/help-for-18-24-year-olds](https://familyfund.org.uk/help-for-18-24-year-olds)

You can also download a paper application or request for one to be sent to you from our website.



**"After George turned 18, a lot of the support finished but life didn't get any easier, our lives didn't change, and we still need support. Being a carer becomes harder because you get older."**

**- Jemma, George's mum**

**"We received a day trip, which allowed us to visit Amy's favourite place of all time, Lapland UK. We spent that quality time together, forming unforgettable memories, it was fantastic."**

**- Kerrie-Ann, Amy's mum**

Find out more about **Your Opportunity** and how to apply, on our website:  
**[familyfund.org.uk/help-for-18-24-year-olds](https://familyfund.org.uk/help-for-18-24-year-olds)**

With thanks to our main funders:

**Pears  
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Enhancing Quality of Life for People in Need

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