

QUALITY IMPROVEMENT PLAN (QIP) TARGETS QUARTERLY TRUST BOARD REPORT

FALLS

2 February 2023

PROGRESS TO DATE

Falls continue to be the highest reported incident within the Trust. Work is ongoing to raise awareness regarding preventing falls throughout the Trust. This work is supported by the Professional Nursing Team and the Falls Integrated Pathway Co-ordinator (FIPC) through the Trust Slips Trips and Falls Group. It is recognised that one dedicated FIPC is not sufficient to meet the demands of the entire Trust in relation to falls, a business case is currently being written to enhance this service and provide more support and education to inpatient areas.

The number of falls occurring within inpatient settings continues to be reported to the PHA. All trusts regionally submit shared learning templates from fall incidents that have resulted in moderate and above levels of patient harm to the PHA. This year there has been an increase in the rate of falls occurring within inpatient settings when compared with previous rate of falls data, this is likely due to a multitude of reasons, such as; single patient rooms, more complex patients, more requests for enhanced care that are not always met due to staffing constraints and workforce issues.

The FIPC continues to support new ward managers with completing post falls reviews where fall incidents have resulted in moderate and above levels of harm within inpatient settings. The themes emerging from the post fall reviews are being used to inform improvement work to take forward within the Task and Finish Group. The group was set up to look at how we could reduce incidents of moderate and above harm. This improvement work will look at areas where the falls safe bundle may have fallen down such as lying and standing blood pressures.

Learning from these incidents is shared locally within wards / departments and also through the Trust Slips Trips and Falls steering group. Learning identified from incident reviews has been used to inform safety lesson of the week and falls has featured on the Share to Learn Newsletter for staff this year.

The PHA have requested that both Emergency Departments and Maternity inpatient settings begin to report any moderate and above harm falls via the shared learning template. Work is well under way within both these areas to begin this process and risk management is amending the datix system to allow this to be captured. The form is now operational for Emergency Departments and should be approved for Maternity imminently.

Falls Audit

The Falls Bundle Key Performance Indicator (KPI) continues to be audited and compliance with same reported to the PHA. Results of audits are recorded on the Nursing SharePoint site. These audits are completed monthly as requested by the PHA. Compliance with the bundle appears relatively static in most areas, areas that have poor compliance are discussed at local level and directorate governance meetings for assurance that actions are taken and monitored to show improvement.

The Director of Nursing is creating a new process for reviewing KPI's with Senior Nursing Staff where failing or problematic KPI's will be addressed.

The Trust, in the last year, has appointed a Senior Lead Nurse for Assurance and Quality who is working alongside the PHA and regional colleagues to review and update current KPI's. The Falls Bundle is one of the KPI's that is being reviewed by this team. As part of this work a regional guidance document to accompany the Falls Bundle audit is being written to support staff with this audit.

The Falls Co-Ordinators regionally are involved in work streams with Encompass to ensure falls documentation is embedded into the system.

Work force challenges

The Trust continues to experience severe workforce challenges and nursing dependency challenges, which has impeded much of the good quality improvement work that had begun previously. Work has begun to re-establish the falls learning collaborative that will focus on taking forward improvement work within Ward settings, this forum will also be used as a shared learning space for lead nurses to highlight areas of good practice and areas of concern.

Within PCOP rapid access clinics are due to start in SWAH in the coming weeks, with recruitment due to begin to cover clinics within the Northern Sector. In the interim the team are seeking an arrangement with locum medical staff to start clinics in the coming month.

Many wards are heavily reliant on bank and agency staff. This creates further challenges as these staff may not be familiar with wards in which they are working or the processes and systems within the Trust.

Filling all requests for enhanced care shifts is not always possible, meaning at times patients who are at high risk of falls are unable to have that higher level of supervision they require, which has regrettably led to falls at times.

Patients who are at higher risk of falls or who require a level of enhanced care can be highlighted using established icon on the Flowboards, making it easier for staff to see at a glance, patients who are high risk.

Quality Improvement work

The Falls Integrated Pathway Co-ordinator continues to deliver falls training to a number of staff groups across the Trust and within the last quarter this has included Nursing staff as part of their nurse induction to the trust in addition to Physiotherapy staff working within inpatient and outpatient settings, Occupational Therapy (OT) staff working in inpatient settings as well as Community Social Work staff within Physical and Learning Disability Teams.

Regional work to produce a Falls Awareness e-learning training package is now complete and available for all staff on the HSC E-learning platform since the end of September 2022

The FIPC, the falls OT and the Care Home Support Team within the trust supported a regional project regarding a falls pathway for care homes and promoting safer mobility as part of the enhanced clinical care framework work piece. The PHA provided just over £15,000 to Trust residential homes participating in the project. This was used to purchase items to support safer mobility of residents within the homes. Items purchased included hip protector underwear, non-slip socks, lifting equipment and equipment to engage residents in meaningful activity within the care home.

A falls risk assessment document and avoiding a long lie poster has been produced as part of this regional work piece. In addition to a reduction in the incidence of falls within Trust residential homes during the timeframe of the project, this work resulted in the PHA winning the Care Homes category award at the Health & Social Care Quality Improvement Awards 2022.

The falls risk assessment helps staff identify measures to implement to ensure safer mobility within their care environments. Final approval is awaited on the work produced. The long term vision is that the risk assessment and avoiding a long lie poster will be adopted by all care home facilities across the region.

A number of Falls Awareness sessions on ways to prevent falls as well as reduce the risk of harm as a result of a fall were held across a number of hospital sites and day centre facilities across the trust during falls awareness week. These were in areas such as, Eglinton Community Centre – Men’s Health Event; Plumbridge CARE project launch, Guildhall Derry – Women’s Health Event, Foyle Arena, Falls Health Event; Omagh – Two Castles Community Festival engaging with stakeholders and members of the public regarding falls screening, falls prevention and falls management to reduce risk of harm as a result of a fall. There have been multiple other events throughout the community areas of the Trust that has been supported by the Falls Co-ordinator.

The learning from all of these events has informed plans going forward to attend more public engagement events to do more opportunistic case finding in relation to falls.

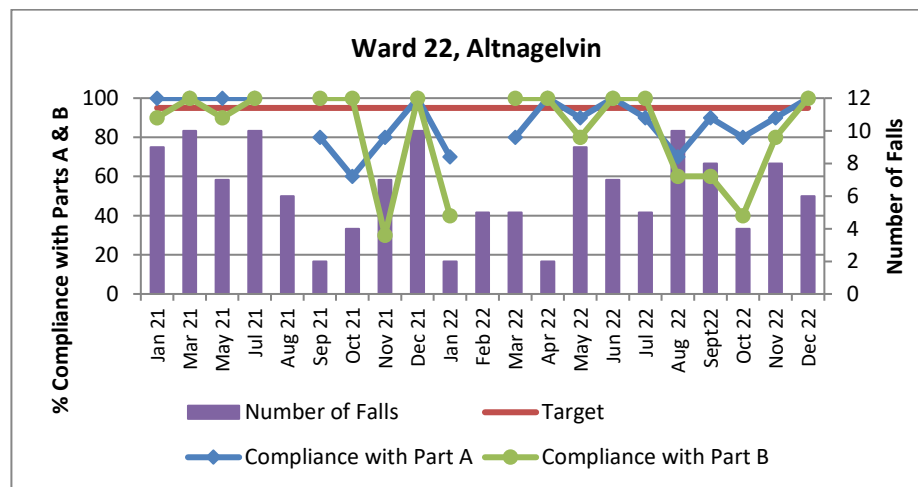
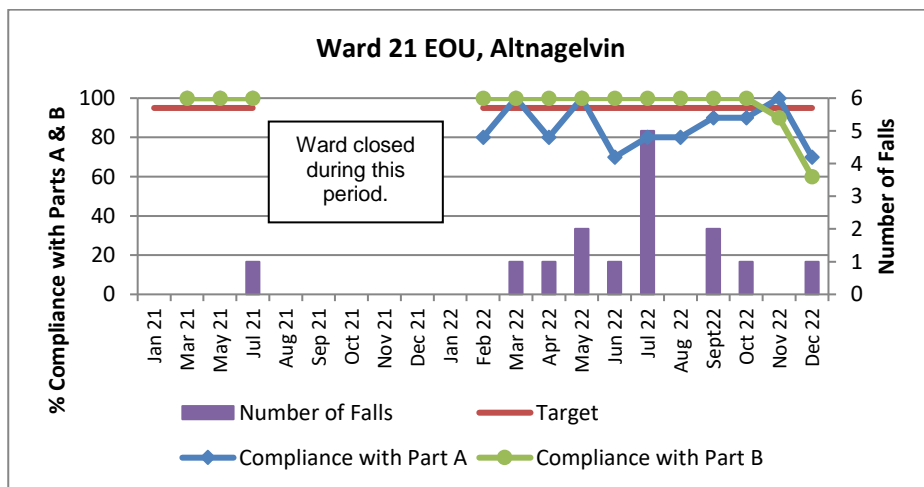
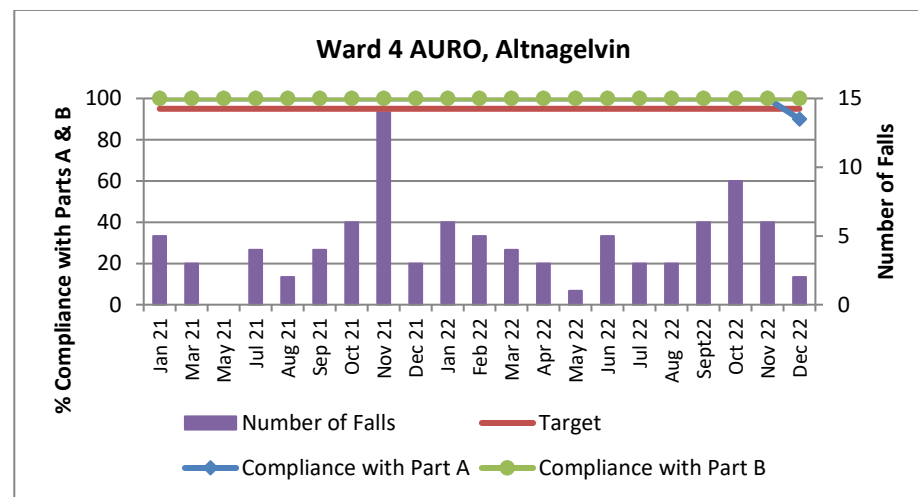
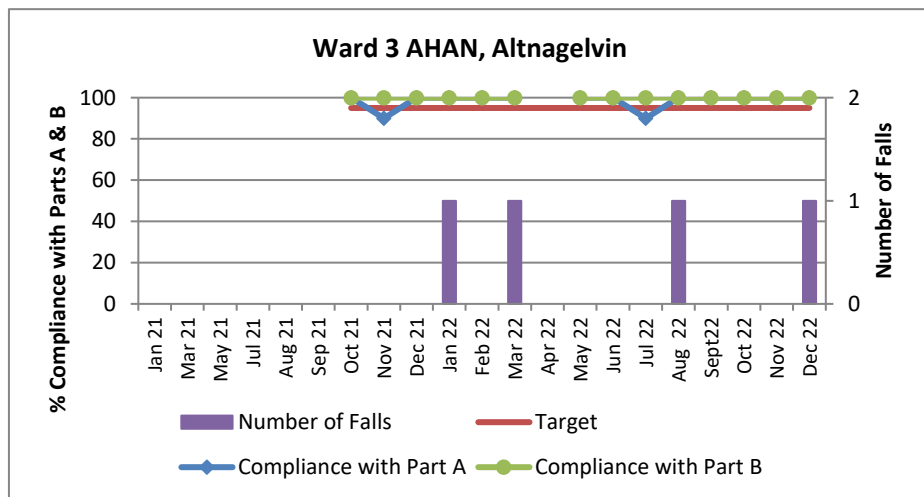
Quarter	Rate per 1,000 bed days for No. of Falls	Rate per 1,000 bed days for No. of Falls resulting in harm (Moderate Major or Catastrophic)
Quarter 1 2020/21	7.00	0.14
Quarter 2 2020/21	6.24	0.22
Quarter 3 2020/21	7.45	0.13
Quarter 4 2020/21	8.02	0.11
Quarter 1 2021/22	6.19	0.02
Quarter 2 2021/22	5.87	0.02
Quarter 3 2021/22	6.25	0.09
Quarter 4 2021/22	7.51	0.13
*Quarter 1 2022/23	6.61	0.10
*Quarter 2 2022/23	7.07	0.14

*Bed day figures for Q1 & Q2 2022/23 are provisional, therefore rates are subject to change.

The overall Trust compliance with the Fallsafe Bundle for December 2022 was 94% for Part A and 91% for Part B. Compliance for each adult inpatient ward is demonstrated in the graphs

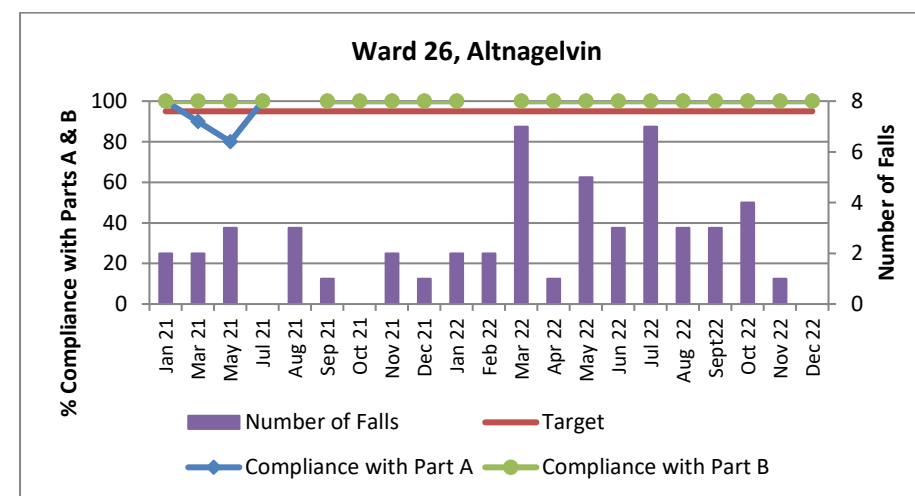
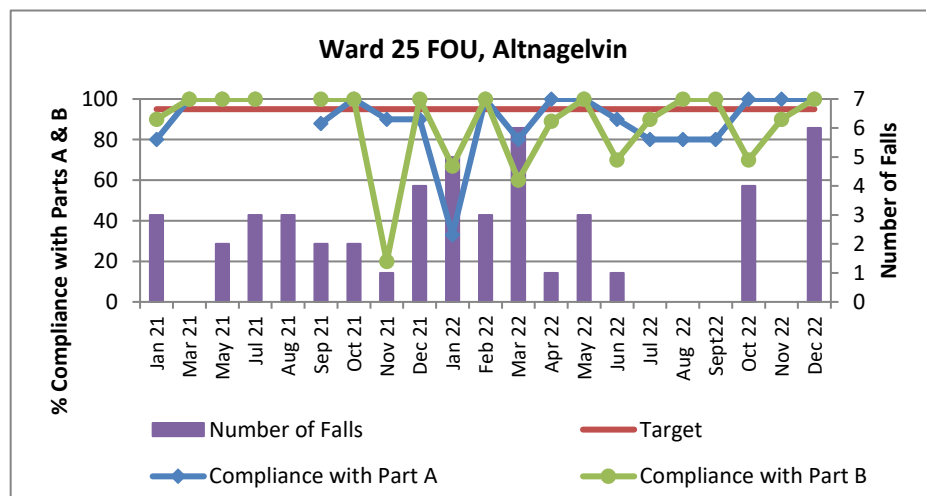
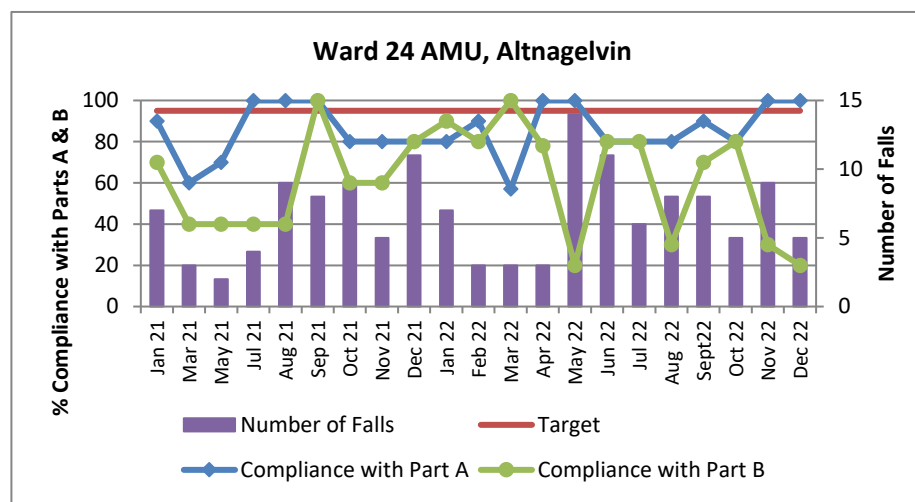
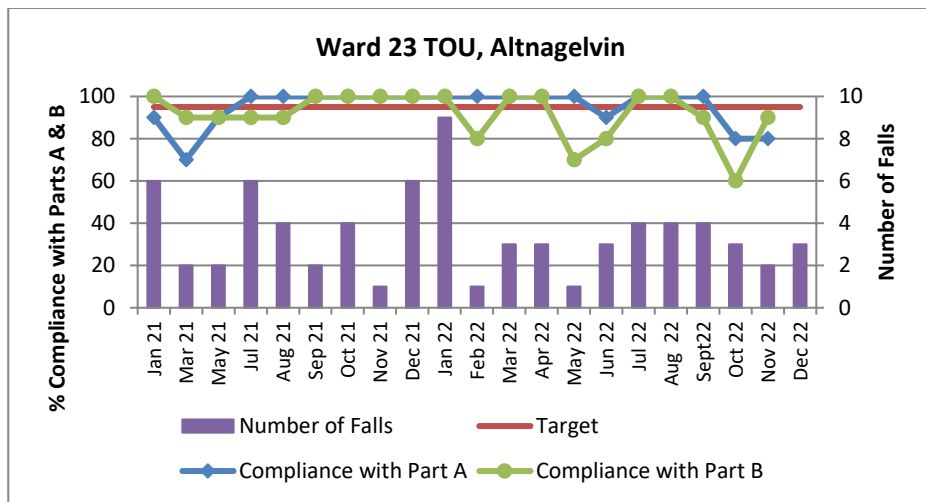
FallSafe Bundle (Parts A & B)

Target: To continue to monitor and improve compliance with the Fallsafe Bundle, to improve prevention of falls



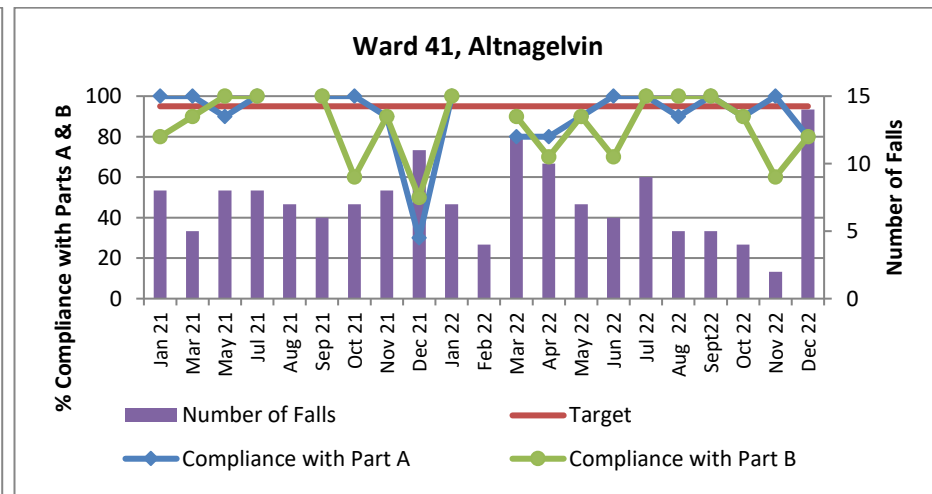
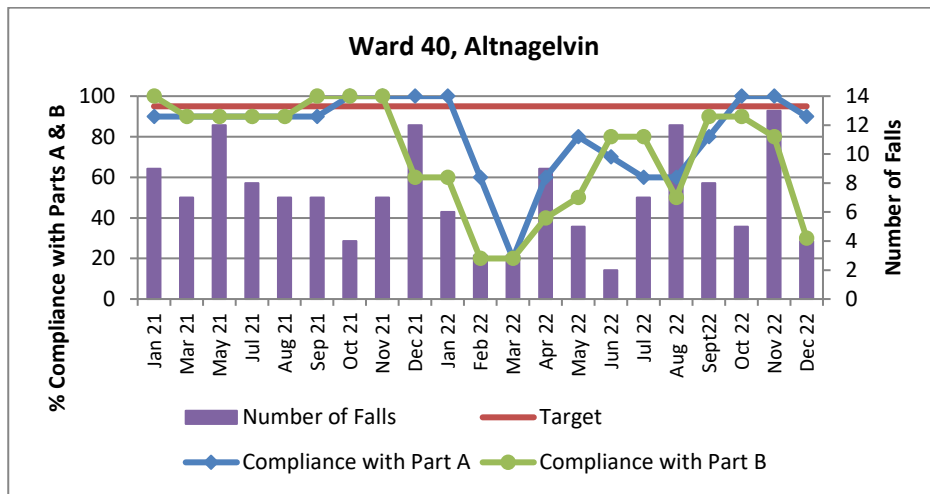
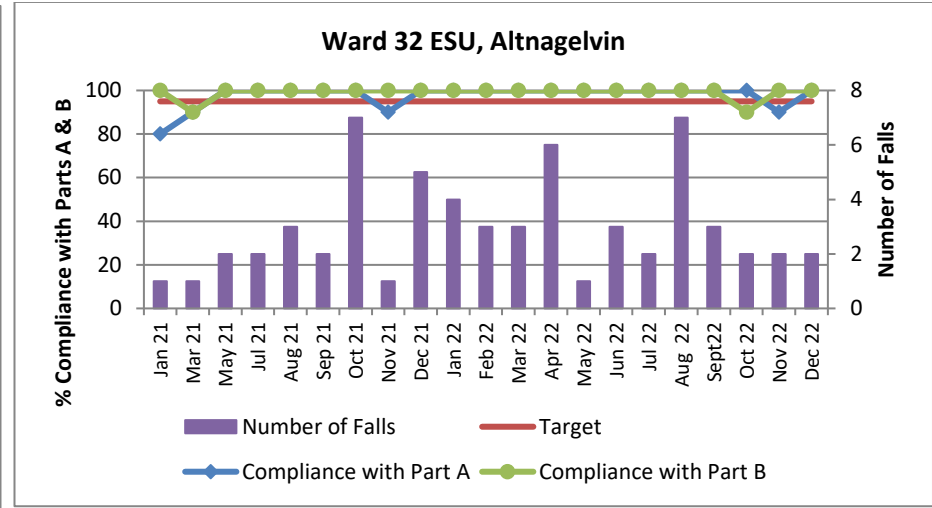
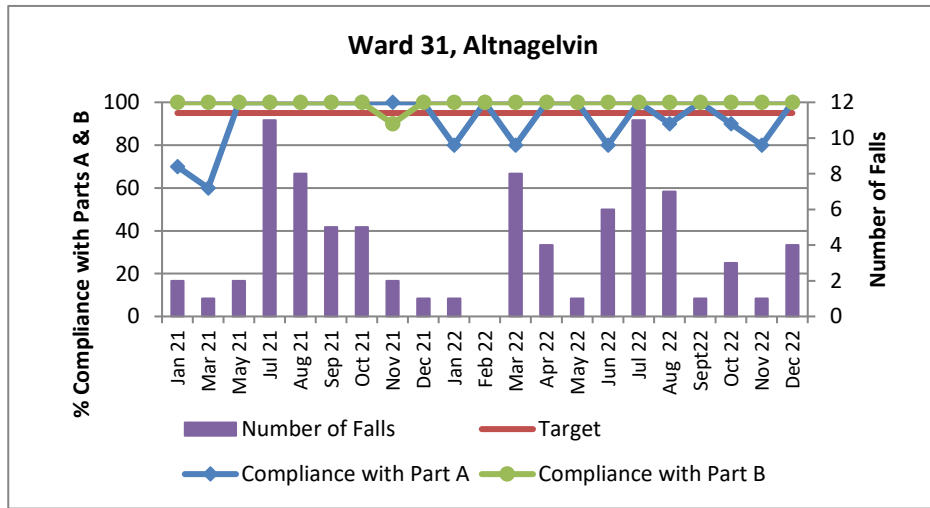
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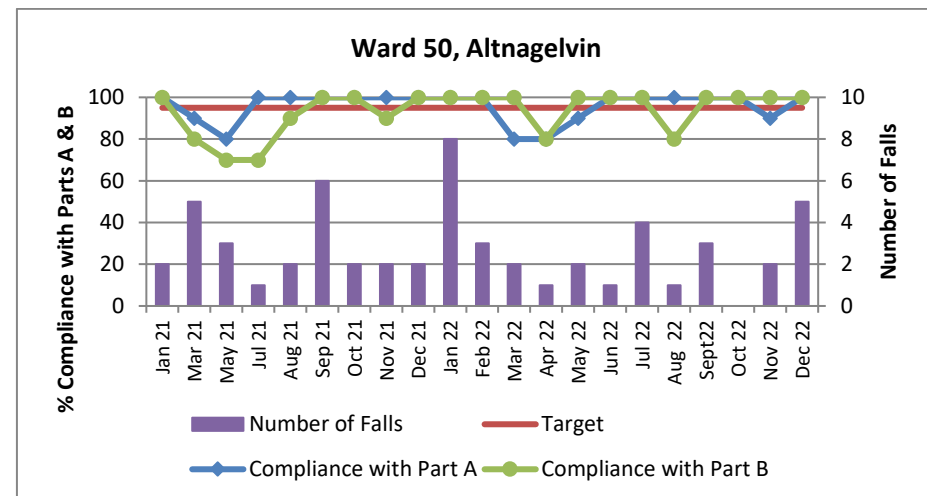
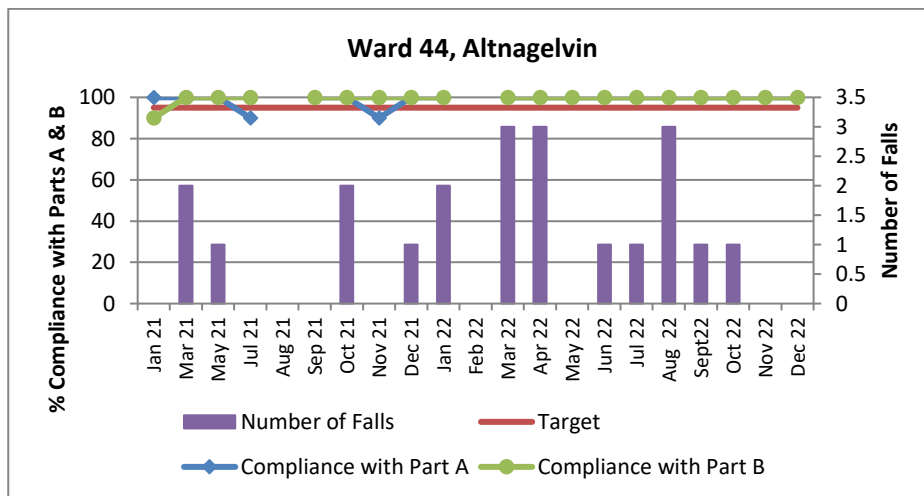
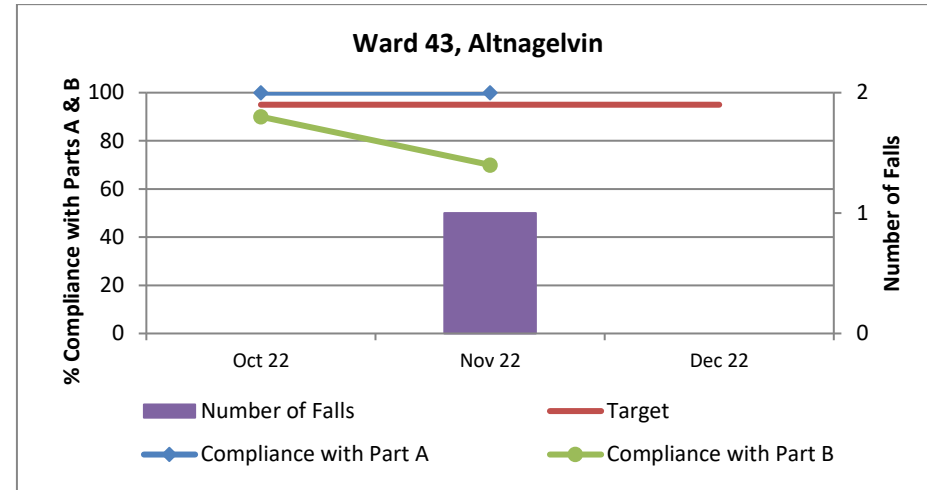
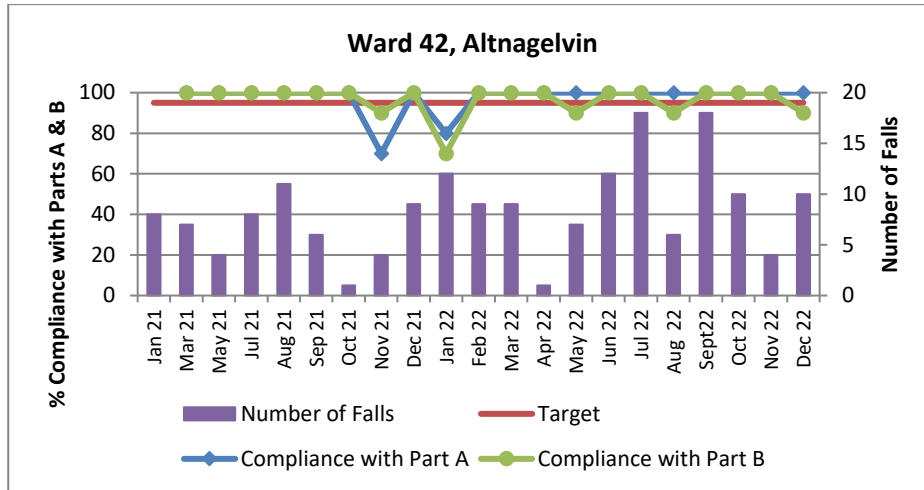
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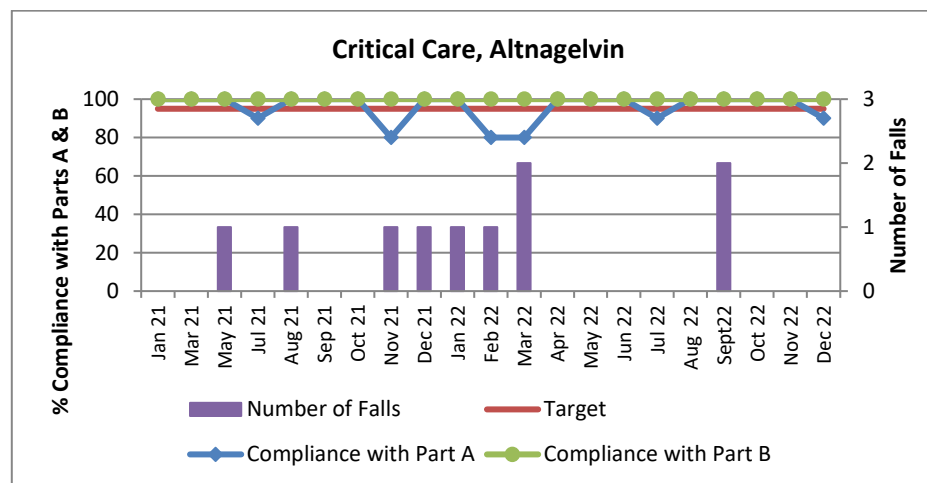
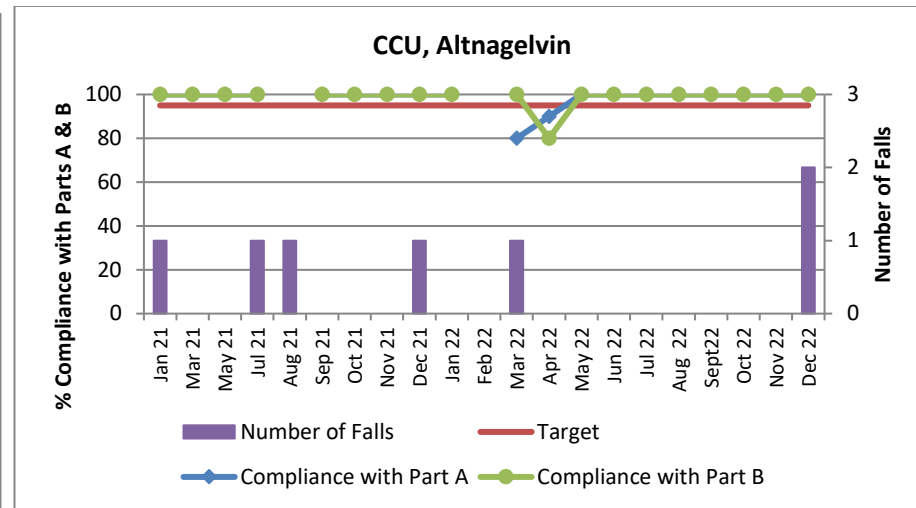
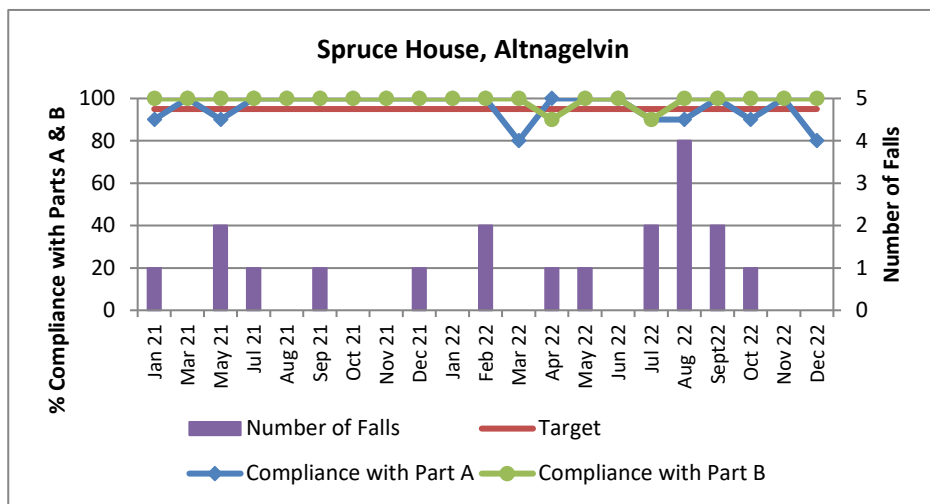
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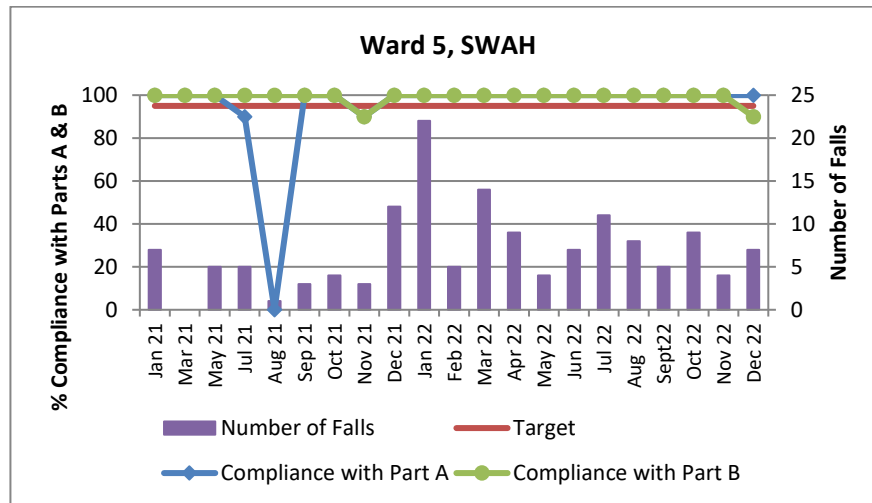
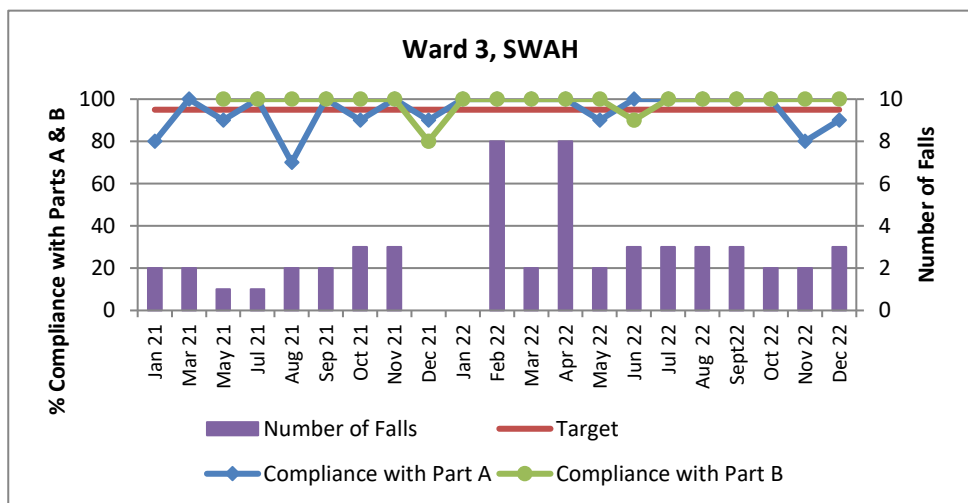
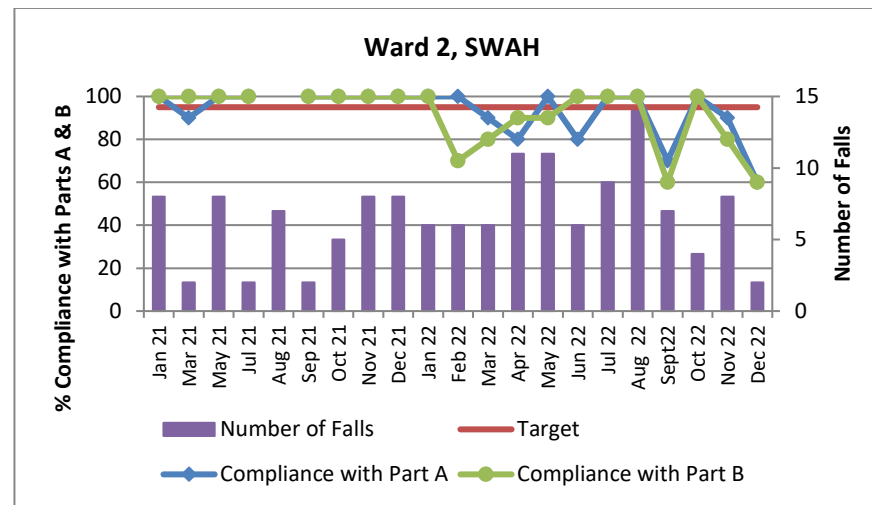
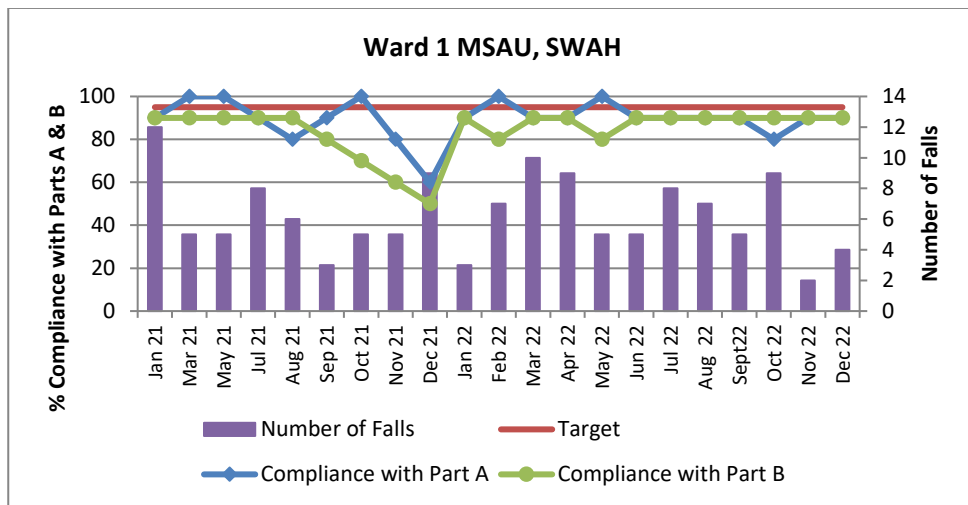
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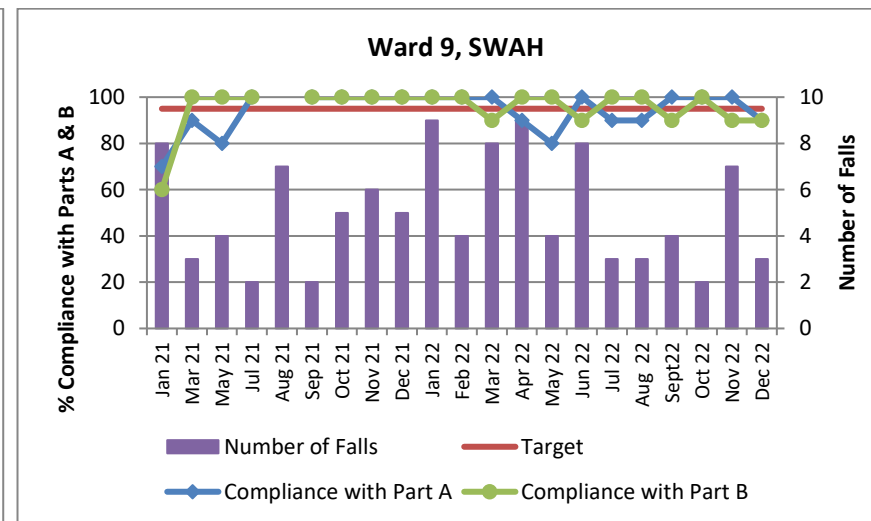
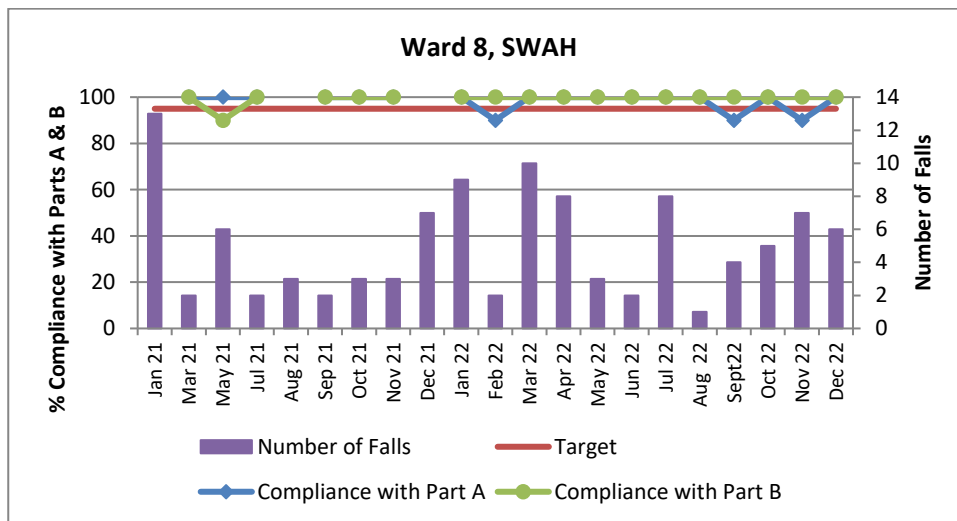
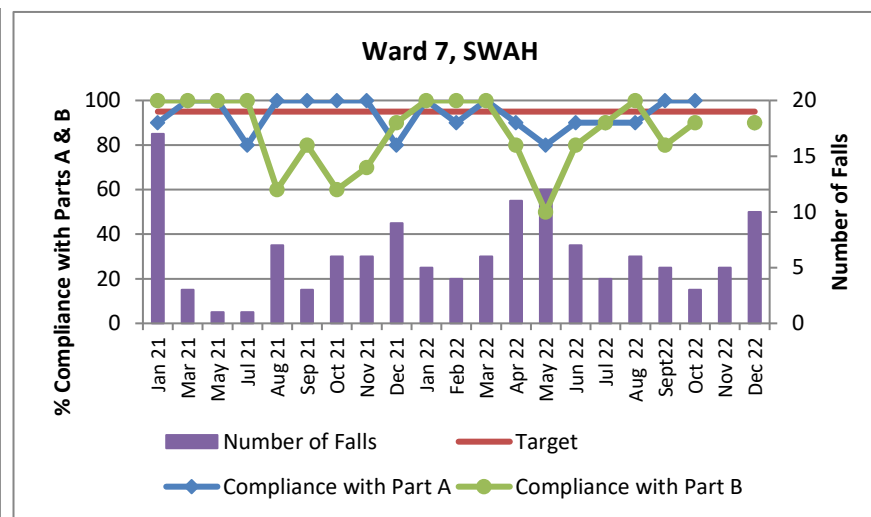
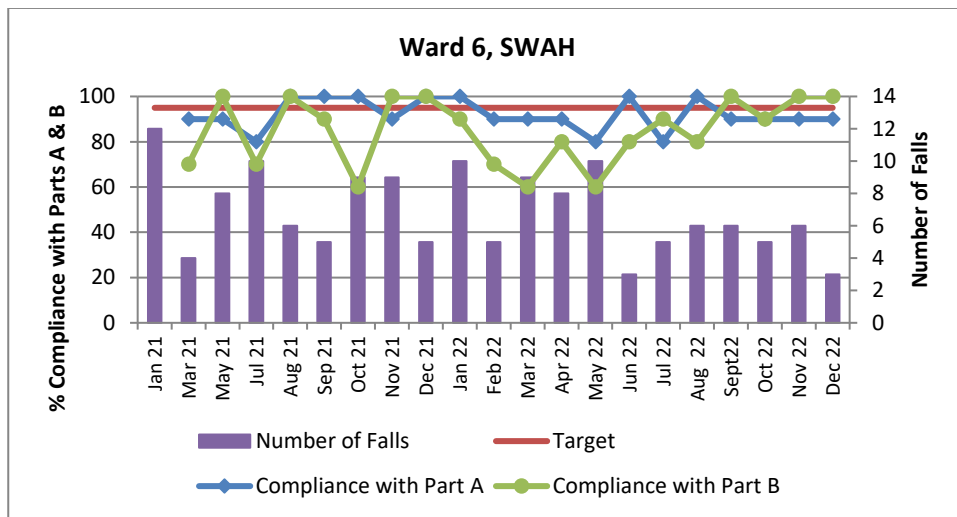
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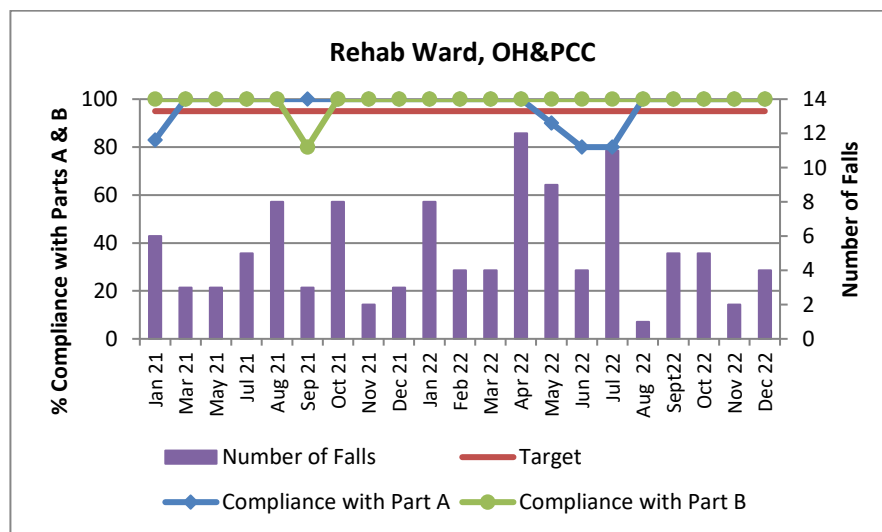
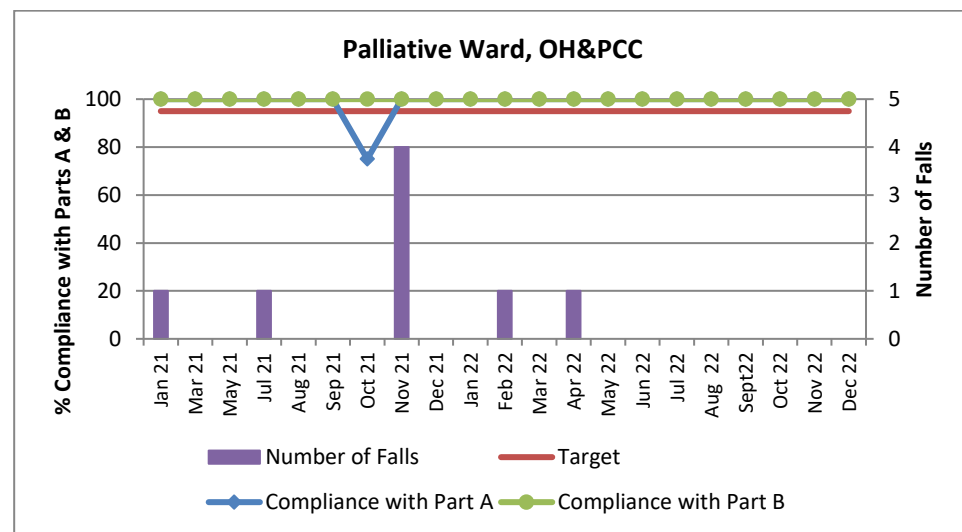
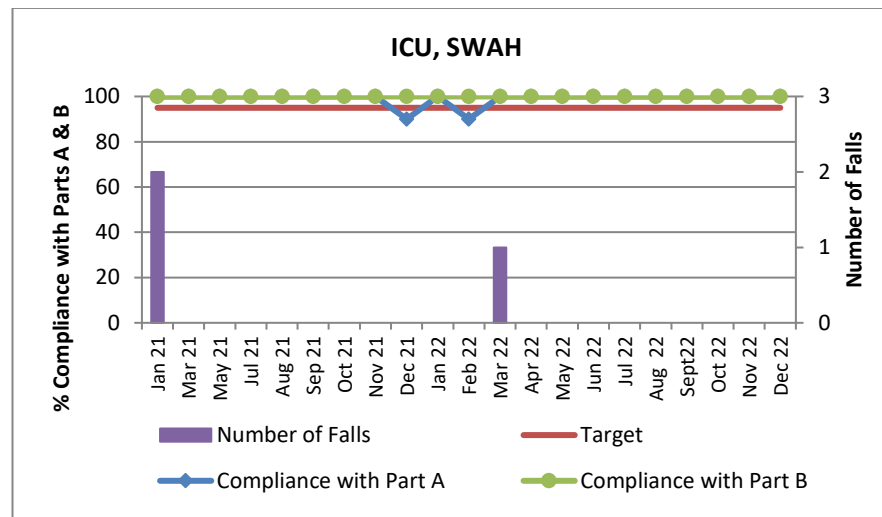
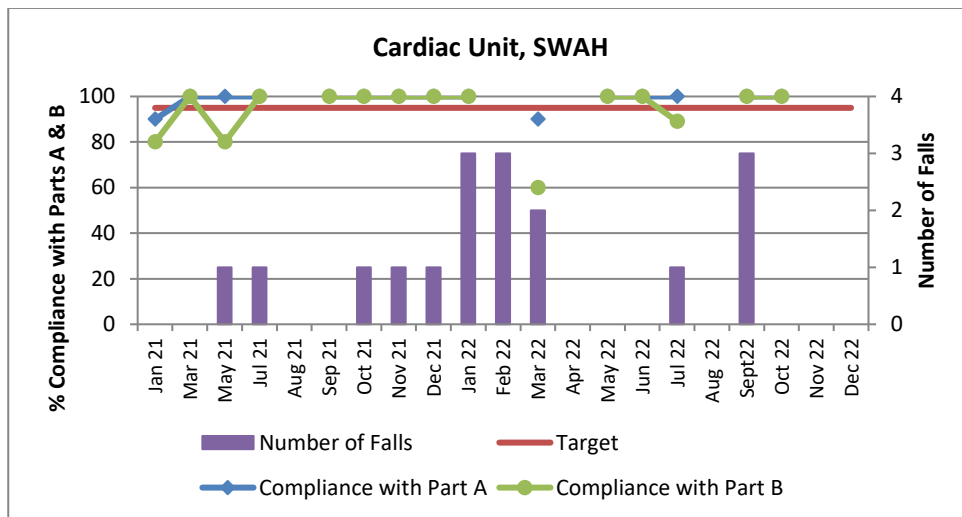
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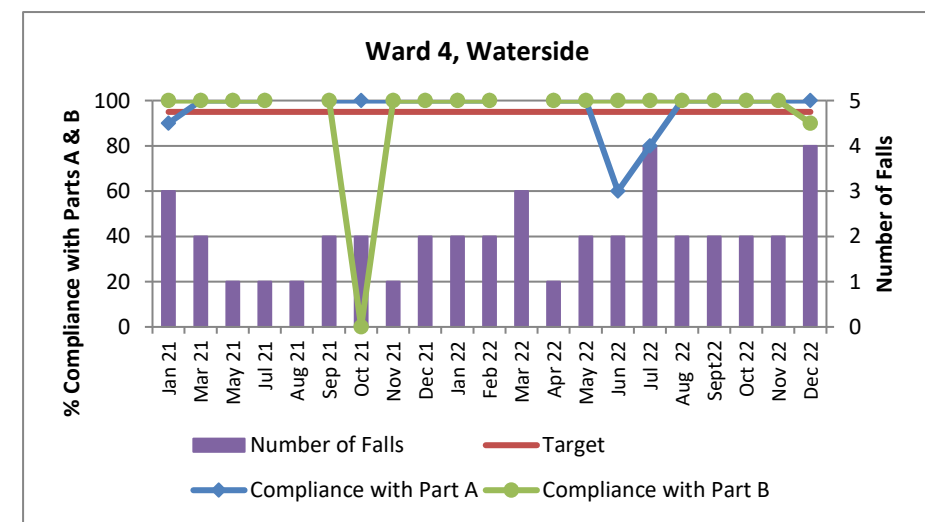
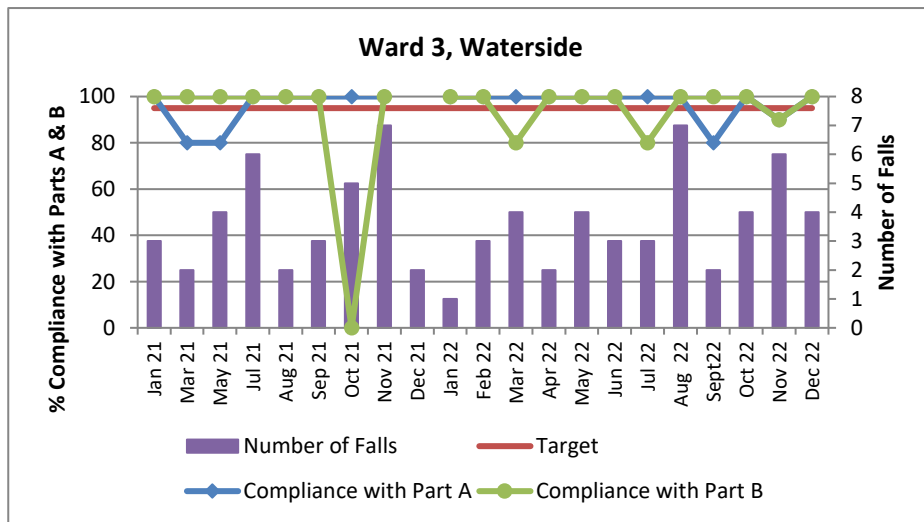
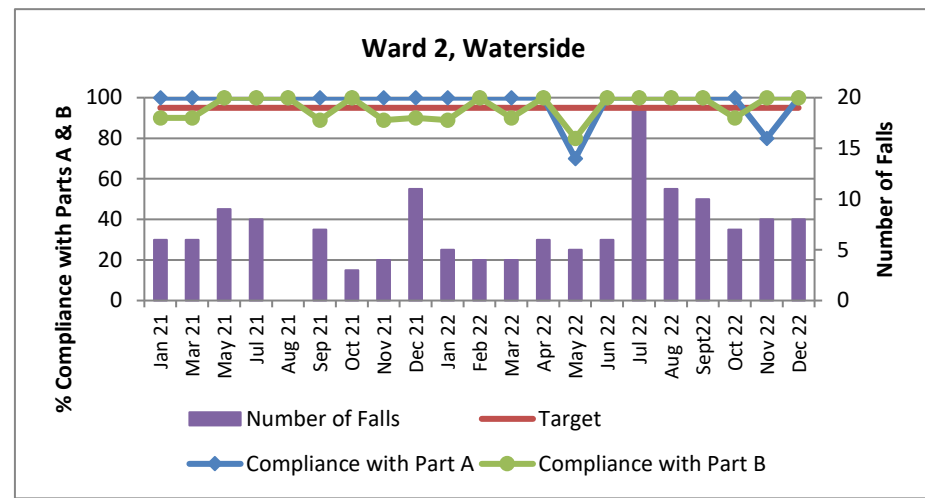
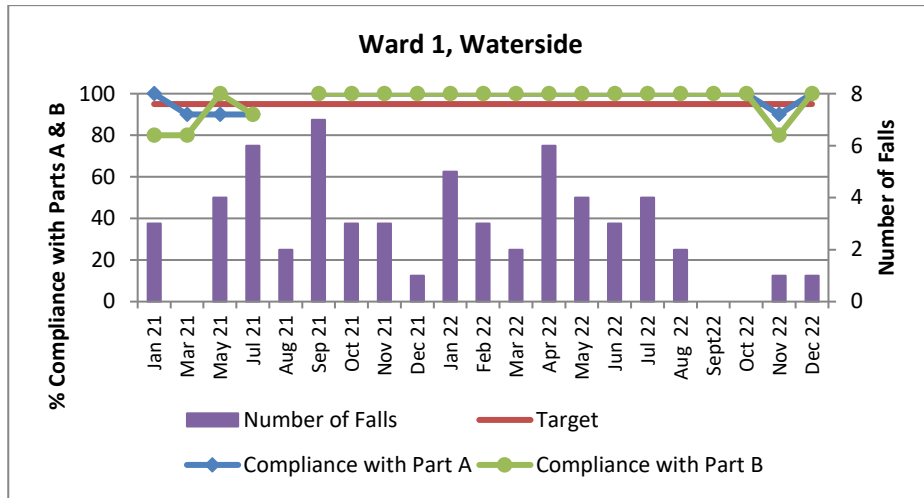
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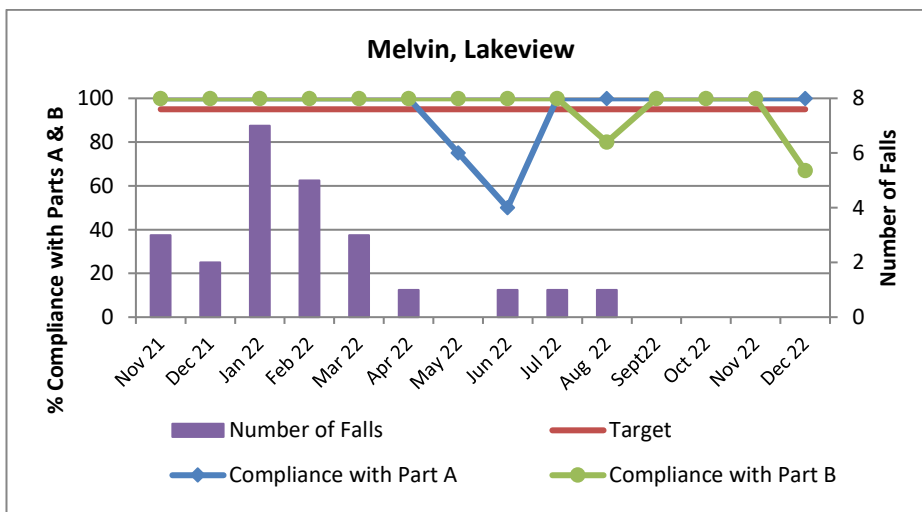
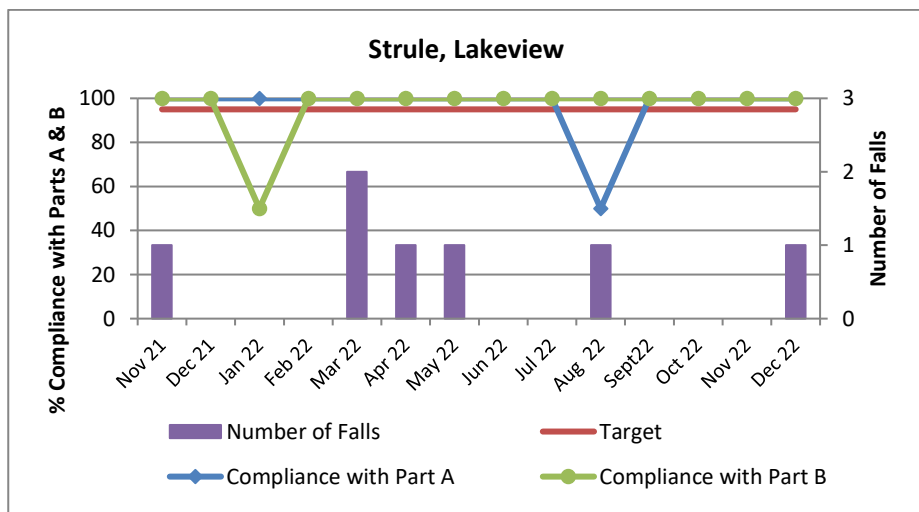
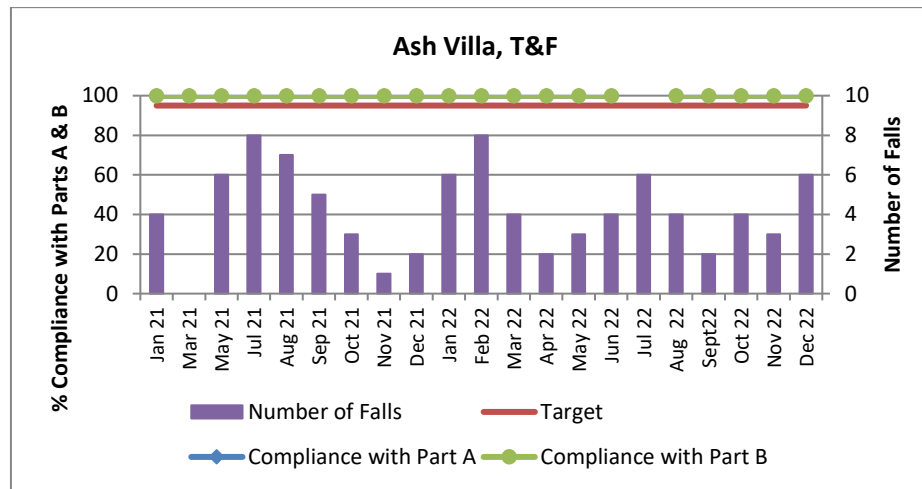
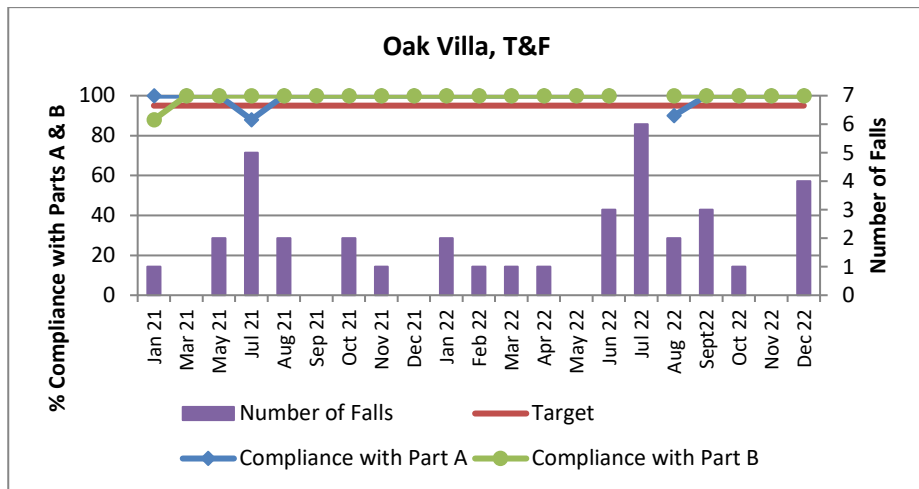
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