



NOTES FOR COMPLETION

- Where possible send a photograph or illustration to accompany your case study for inclusion in the website / newsletter
- Ensure you have permission from those Involved to write and publish story/ pictures, alternatively, anonymise the story
- Case studies should be written in the third person
- It is recognised that not all sections will be relevant to all case studies – this template is designed to offer consistency across a range of case studies
- **Note:** A good Case Study will tell a story/ describe the journey, of how you worked together to solve an identified problem to improve lives for your Service User/s.

Involvement Case Study

Contact Details

Professional area	Learning Disability Occupational Therapy
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Summary (Max 100 words)

To collaborate with existing Learning Disability Service User groups in the co-production of an information leaflet for LD Occupational Therapy Services within the WHSCT. This is now available as an easy read printed leaflet at the referral stage of service as well as a digital version available on the Learning Disability Hub.

What was the issue?

Lack of existing Occupational Therapy service information collated in one place in an accessible and easy read format. Recent staff and service growth was not readily known to the Learning Disability community. Carers reported to us that they were unclear about Allied Health Professional service provision.

What was your plan or goal?

To present LD Occupational Therapy service info in an accessible and easy read format for service users and carers throughout the Trust area. It was a priority that the information should be as understandable to service users as much as their families/carers. A short and eye catching information leaflet would best suit with a focus on service user collaboration to help co design content and final product. The leaflet would have

a limited print run and available as a digital download through the Adult LD Hub.

Who did you engage with and how?

Liaised with the LD Involvement team to identify two existing service user groups who would help co design the leaflet and moderate content. The Now Group in Omagh and the Mencap 'Buzz Group' in Fermanagh were approached by the Involvement team and agreed to take part.

What did you do?

A rough draft of the relevant OT info was sent to Mencap 'Buzz Group' and the 'NOW' group via email. Both groups met with service users in December 2021 to discuss language and pictures used as well as overall content and aim of the leaflet. Feedback was constructive and positive and was collated by the LD Involvement Team and sent to Occupational Therapy for consideration. Feedback focused primarily on the design, colours and graphics of the leaflet as well as changing some of the language to make it easier to understand. Graphic layout and colours were of particular interest and service users believed the leaflet should be as eye catching as possible and fed back re pictures and colour scheme etc.

What difficulties did you face and how did you overcome them?

No additional funding for final printing but Involvement team covered costs.

What difference has it made? Outcomes? Impact?

Collating Learning Disability Occupational Therapy service info in one easy read format has increased awareness and knowledge of what the service provides to people with a Learning Disability and their carers. Aims to improve awareness and reduce anxiety and improve ability to navigate OT services. Collected easy read info allows other professional services, such as social workers, to answer any potential queries they may get quickly and efficiently.

The info leaflets would not have been possible in their final format without the input of service users across the Trust.

Future Plans

Potential for future service evaluation of LD Occupational Services through questionnaires and/or focus group of recent service users. Details and timeframe to be confirmed.

Email case study to: Julie.mcginty@westerntrust.hscni.net