# **Biomedical Science**

# AND LABORATORIES IN ALTNAGELVIN & SOUTH WEST ACUTE HOSPITAL



- \*What is a Biomedical Scientist?
- \*How do I become one ?
- \*Specialising
- \*Career opportunities.

#### What is a Biomedical Scientist

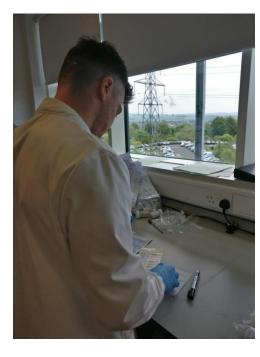


# \* Biomedical science is the science at the heart of healthcare

 Biomedical science is one of the broadest areas of modern science and underpins much of modern medicine



\*Everyone will use the services of **Biomedical** Scientists more than once during their life



Samples taken by doctors or nurses are usually sent to a pathology laboratory to be **analysed by** a Biomedical Scientist

# Biomedical Scientists are the hidden team working 24/7

health & care ncp professions Name Jocelyn E Pryce Registration number BS35818 Location London Registered Status Registered from 01/12/2015 Registered until 01/12/2017

 Biomedical Scientist is a protected title and all Biomedical Scientists wishing to practice in the UK need to become registered with the Health Care Professions Council (HCPC)

#### **Biomedical science roles include:**

° • • ° O

teaching				
Infection control	AIDS and F and treatme	IIV diagnosis ent		
blood donation			Cancer screening	
training	manag monitoring d	ement rug therapies	Pharmaceu	tical research
Transfusion s	Services prinary diagnostics	drug testing	<sup>food</sup> safety foren	
Point of Care Testing		id response labs		Government advisory
Journalism <b>Bi</b>	omedi	_		st

#### How do I become one?

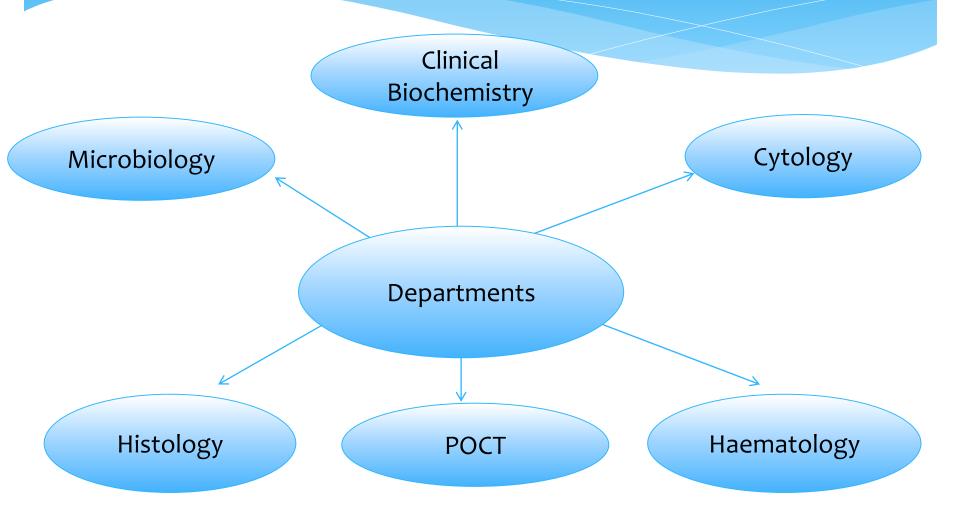
- Recommended Institute Biomedical Science (IBMS) accredited degree course
- \* A list of the locations offering the accredited degree course is available from the IBMS website.

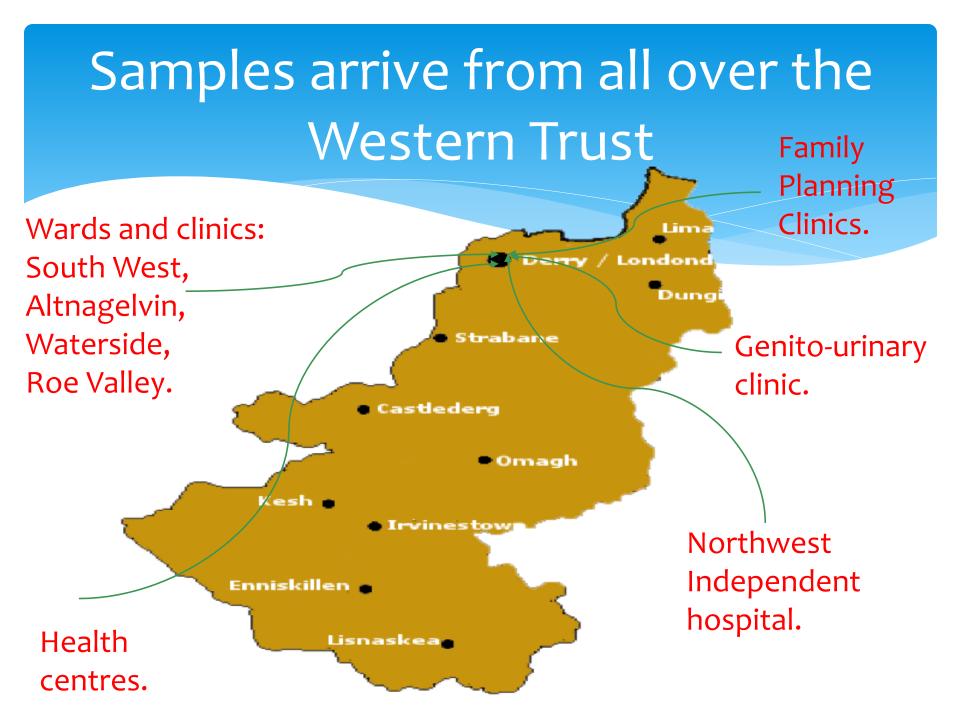




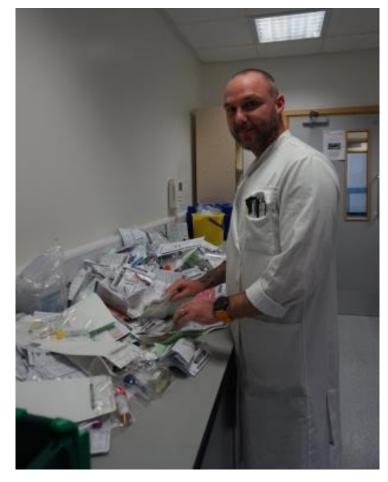
Non-accredited degree courses are available, but it is more difficult to get a job via this route.

# Western Trust pathology department





#### Lab Reception



#### Support Staff play a vital role in laboratory life.

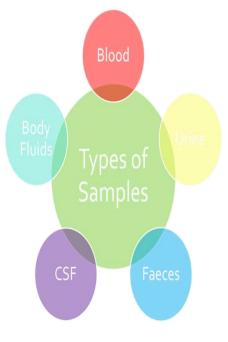
- Sorting the vast amount of samples received on a daily basis.
- ensuring the right samples are delivered to the correct department.
- Delivering Urgent samples immediately.
- Numbering samples with unique numbers.
- Dealing with Porters, Nurses, Doctors and Visitors.
- Sending samples to reference laboratories.
- Maintenance and general laboratory duties.

# Lab Reception





 Clinical Chemistry give support to all primary and secondary care services 24/7 365 days a year



- Clinical Chemistry receives approx 2500 samples per day
- Last year 1,250,000 profiles in Altnagelvin (ranging from 1 to 30+ analytes per profile)





#### **Clinical Chemistry:**

Is the study of chemical and biochemical mechanisms of the body in relation to disease, mostly through the analysis of body fluids such as blood and urine.





- This helps in the diagnosis of diseases such as diabetes, heart attacks, kidney and liver disease, thyroid problems and cancer
- Therapeutic drug monitoring is also carried out. This ensures people are on the best dose

Clinical Chemistry uses various techniques to analyse samples;

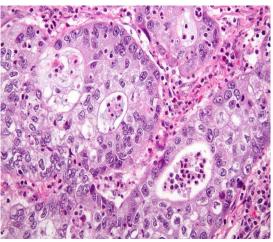
- \* Manual testing (simple and complex)
- \* Semi-automated
- \* Automation simple and complex automated analysers





# Cytology

- \* The study of cells, their origin, structure, function, and pathology.
- Cytology is best known for screening cervical smears, but it also provides a nongynaecological service e.g. bronchial washes and sputum tests



#### Multi-head microscope



#### HPV Testing in the NHSCSP

- HPV is a risk factor for cervical cancer
- Certain 'smear' samples are tested for the HPV virus if they look abnormal
- \* HPV testing is used as triage to determine risk
- \* Testing for HPV following treatment is known as
  'Test of Cure'
- \* HPV testing will soon become the primary cervical screening test

# Cytology



#### Diagnostic Cytology

- Work with samples in Category 3 room under strict Health and Safety guidelines
- Attend breast clinics to aid rapid diagnosis for patients
- \* Make cytoblocks for immunocytochemical analysis
- \* Screen samples

#### Histology

- Histology is the microscopical study of tissue samples to establish the cause of disease
- Tissue may be taken during surgery or at post mortem
- Diseases such as cancer are diagnosed by looking for abnormal features in tissue and cells.



#### Dissection



# Processing



#### **Tissue Section**



# Microscopy



## Histology



#### Haematology & Blood Transfusion

#### \* Haematology is the study of blood

- \* Haematology Laboratory
- \* Coagulation Laboratory
- Transfusion Laboratory (Blood Bank).



#### Haematology

Automated instruments are used to count different cell types in a blood sample - full blood count (FBC) and reports cell numbers, size and paleness - up to 120 samples per hour.



 Some of the diseases diagnosed in haematology are leukaemia, malaria and anaemia.

### Coagulation



 Coagulation (blood clotting) measures the ability of the blood to clot, either to check before surgery, patients who have unexplained bleeds and monitoring patients on anticoagulants like warfarin & heparin.

# Haematology



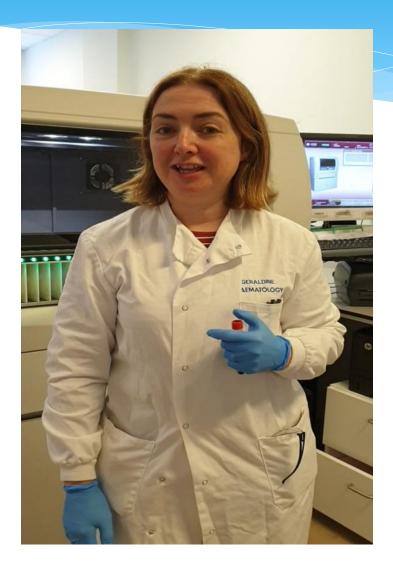
#### **Transfusion Science/Blood Bank**

Biomedical Scientists **identify blood groups for blood donation** and ensure the correct group blood is matched to the patient due to receive the transfusion

They also make sure there is enough bloodstocks reserve for critical incidents, such as road traffic accidents and operations.



#### Transfusion Science/Blood Bank



### Point Of Care Testing

- Vrinalysis and Urine Pregnancy testing
- Blood glucose and Ketone meters
- Bilirubinometers
- \* Blood gas/electrolyte analysers
- \* INR meters
- \* HbA1c analysers
- Cardiac marker analysers
- Pre-term labour markers
- Urine drug screening
- \* Alcometer
- HIV and Syphilis Testing



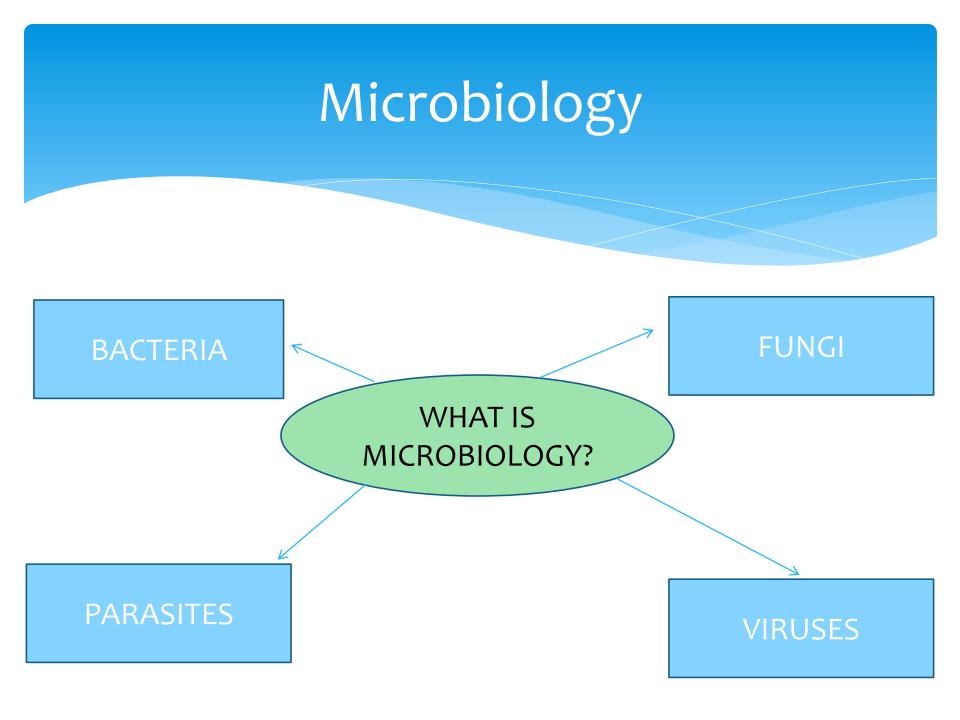






## Point Of Care Testing





# Microbiology

- \* Receives between 600 and 700 samples per day
- \* Between 300 and 500 of these are urine samples!
- Works closely with Infection Control Teams to monitor cases of outbreaks
- Report to PHA isolates such as bacteria causing food poisoning.

## Types of samples in Microbiology laboratory

#### **Blood cultures**



### Swabs



### Sputums



#### Urines



Faeces

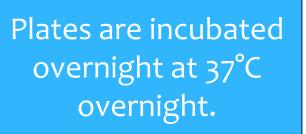


## What do we do?



Use agar plates to grow bacteria. Plates are inoculated with samples.

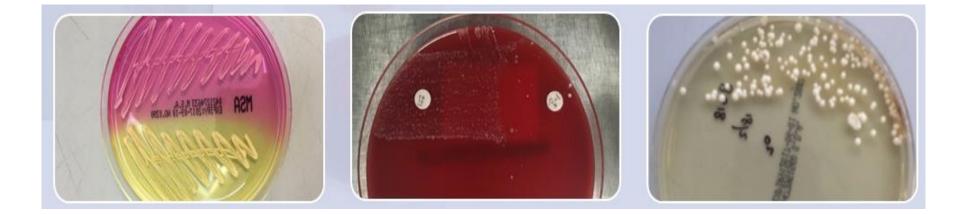








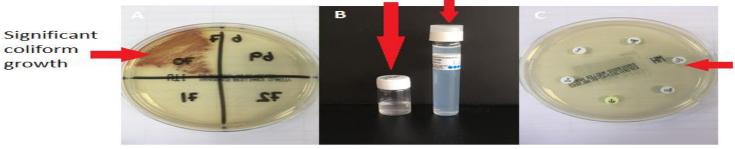
## How do we do it



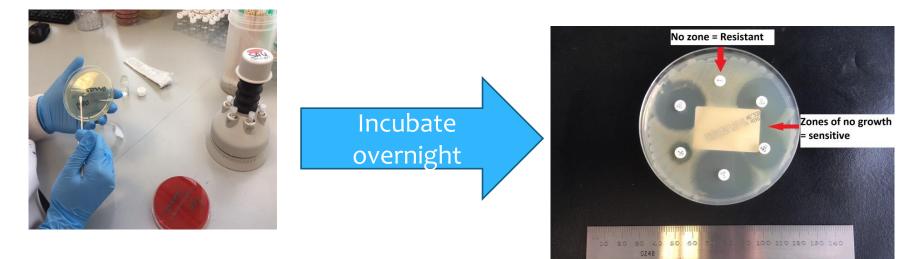


## Sensitivity testing

Prepared 0.5 McFarland inoculum Standard



Inoculated and stamped agar plate



# Microbiology



# Sepsis.

Blood cultures are taken.



Bacteria present produce CO2, changes pH resulting in a colour change





Plates inoculated in safety cabinet.



## **Career Progression**

Advanced Specialist Diploma

Higher Specialist Diploma

Specialist Portfolio/MSc

Degree

Registration Portfolio

## Meet Some of the team.

## Laboratory staff working

## **BIOMEDICAL SCIENCEDAY**

### #AtTheHeartof Healthcare

24/7 365 days a year



My name is Isobel, a Specialist Biomedical Scientist involved in the screening of cervical smears as well as managing the diagniostic cytology section of the laboratory.



My name is Matthew, recently qualified as a Specialist Biomedical Scientist, working in Histology which involves dissecting a wide range of tissue samples.

My name is Kathy, a Biomedical Scientist working in Point of Care Testing bringing diagnostic testing closer to the patients bedside.



My name is Samantha, a Biomedical Scientist working in cytology. I am showing Carole a Health Care Assistant how to lyse cervical smear samples



My name is Barry, HCSA working in central specimen reception. Our team handles samples from all over the Western trust daily



My name is Emma ,a Biomedical Scientist in Cellular Pathology. I am currently completing my Institute of Biomedical Science Expert Portfolio on Dissection



My name is Marty, a Biomedical Scientist working as the Laboratory manager.



My name is Aimee ,a Biomedical Scientist working in blood transfusion issuing blood to be transfused into a patient.



My name is Sharon, a Biomedical Scientist working in Microbiology. My work involves testing samples for causes of infection and reporting antibiotic treatment.



My name is Rachel, a Biomedical Scientist working in the Clinical Biochemistry department analyising blood and urine samples.

### \* Training

- \* Quality management
- \* Advanced Practitioners
- \* Management.

## **Further Information**

- \* www.ibms.org
- \* www.hcpc-uk.org
- \* www.ulster.ac.uk
- \* www.qub.ac.uk
- \* www.hscrecruit.com

