





## Breastfeeding Week 2024

**CLOSING THE GAP** 

Breastfeeding support for all



JOIN US AT ANY OF THE BREASTFEEDING CELEBRATION EVENTS

## Celebration Events

#### Enniskillen

THURSDAY
1ST AUGUST 2024
10.30AM-12.30PM

#### Fermanagh House

Buggy walk at 10.30am
(Meet at the Heart, Enniskillen Castle)
Information stalls including Health Improvement,
Home Safety, FODC, Care for Cancer and Aware NI
Rhythm and Rhyme with Libraries NI
Tea/ Coffee and Scones
All welcome. For more information contact
nicola.burchmore@westerntrust.hscni.net

#### Claudy

THURSDAY

1ST AUGUST 2024

10.30AM-12.30PM

#### **Cumber House**

Information stalls from Hive Cancer support,
AWARE NI, Health visiting, Health Improvement
Buggy walk
Tea/ Coffee and Scones
All welcome. For more information contact
alison.gallagher@westerntrust.hscni.net

### Limavady Library Information stalls from Hive Cancer support,

Limavady
FRIDAY
2ND AUGUST 2024
10.30AM-12.30PM



libraries n

AWARE NI, Health visiting, Health Improvement.
Support and information with Dry Arch Centre,
Surestart

Tea/ Coffee and Scones
All welcome. For more information contact:
alison.gallagher@westerntrust.hscni.net







## Lelebration vents

#### L'derry

MONDAY 5TH AUGUST 2024 10.30AM-12.00PM

#### Waterside Shared Village **BT47 2DD**

Information stalls, baby reflexology, toy corner Tea/ Coffee and Scones All welcome. For more information contact brona.mcsorley@westerntrust.hscni.net

Omagh

**TUESDAY** 6TH AUGUST 2024 10.30AM-12.30PM

#### Silverbirch Hotel

Information stalls including Health Improvement, Home Safety, FODC, Care for Cancer and Aware NI Buggy walk at 10.30am Tea/ Coffee and Scones All welcome. For more information contact

nicola.burchmore@westerntrust.hscni.net or kerry.ohanlon@westerntrust.hscni.net







## Local Events

#### Omagh- Enniskillen

Thursday 1st August 10.30am-12.30pm Fermanagh House
Buggy Walk, Information stalls
Tea/ coffee and scones

ALL WELCOME
FOR MORE INFORMATION CONTACT:
NICOLA.BURCHMORE@WESTERNTRUST.HSCNI.NET OR
DIANE.ARMSTRONG@WESTERNTRUST.HSCNI.NET

#### Friday 2nd August

10.30am-12pm

### WHSCT Antenatal Online Workshop

OPEN TO ALL ANTENATAL PARENTS

#### **Microsoft Teams**

Join on your computer, mobile app or room device

Meeting ID: 350 263 704

Passcode: w88hGO

#### Monday 5th August

10am-12pm

### Rainbow Start, Castlederg Buggy walk to and Teddy bears picnic

ALL WELCOME, OPEN TO FAMILIES OUTSIDE OF SURESTART
CATCHMENT AREA
FOR MORE INFORMATION CONTACT:
NICOLA.BURCHMORE@WESTERNTRUST.HSCNI.NET OR
RAINBOW SURESTART: 028 816 79483

#### Monday 5th August 1.30pm-3pm

#### Rainbow Surestart, Belleek Buggy walk and Teddy bears picnic

ALL WELCOME- OPEN TO FAMILIES OUTSIDE OF SURESTART CATCHMENT AREA FOR MORE INFORMATION CONTACT: NICOLA.BURCHMORE@WESTERNTRUST.HSCNI.NET OR RAINBOW SURESTART: 028 816 79483







# Local Events Omagh-Enniskillen

Tuesday 6th August

10.30am-12.30pm

#### Silverbirch Hotel, Omagh

Buggy walk, Information Stalls
Tea/ Coffee and scones

ALL WELCOME
ENQUIRIES EMAIL:
NICOLA.BURCHMORE@WESTERNTRUST.HSCNI.NET OR
KERRY.OHANLON@WESTERNTRUST.HSCNI.NET

#### Thursday 8th August

7pm-9pm

#### Face to Face

Antenatal Infant Feeding Workshop, Parentcraft Room, South West Acute Hospital

OPEN TO MOTHERS TO BE AND PARTNERS- SPACES LIMITIED TO BOOK A PLACE CONTACT:
ANNEMARIE.MCDONNELL@WESTERNTRUST.HSCNI.NET OR
WENDY.CAMPBELL@WESTERNTRUST.HSCNI.NET

#### Friday 9th August

10.30am-12.30pm

### Loughmacrory Buggy walk and refreshments

ENQUIRIES EMAIL: SANDRA.CHARTERS@WESTERNTRUST.HSCNI.NET







## Local Events Limavady- Derry- Strabane

#### Thursday 1st August

10.30am-12.30pm

#### Cumber House, Claudy

Buggy walk, Information stalls
Tea/ Coffee and Scones

ALL WELCOME- OPEN TO FAMILIES, EXPECTANT AND NEW MUMS
FOR MORE INFORMATION CONTACT
ALISON.GALLAGHER@WESTERNTRUST.HSCNI.NET

#### Thursday 1st August

10am-11.30am

#### Little Hands Surestart, Hazelbank Derry Information and support, taster sessions and refreshments

ALL WELCOME- OPEN TO FAMILIES, EXPECTANT AND NEW MUMS FOR MORE INFORMATION CONTACT:

CATHERINE.HASSON@WESTERNTRUST.HSCNI.NET

#### Thursday 1st August

11am-1pm

#### Derry Well Woman,

Breastfeeding support Group celebrations
Queen Street Derry

OPEN TO BREASTFEEDING MOTHERS FOR MORE INFORMATION CONTACT: 028 7136 0777

## Friday 2nd August

10.30am-12.30pm

## Partner event with Libraries NI and Dry Arch Centre

ALL WELCOME- OPEN TO FAMILIES, EXPECTANT AND NEW MUMS, BREASTFEEDING MUMS FOR MORE INFORMATION CONTACT ALISON.GALLAGHER@WESTERNTRUST.HSCNI.NET







## Local Events Limavady- Derry- Strabane

Friday
2nd August

10.30am-12pm

WHSCT Antenatal
Online Workshop

OPEN TO ALL ANTENATAL PARENTS

Microsoft Teams

Join on your computer, mobile app or room device

Meeting ID: 350 263 704

Passcode: w88hGQ

Saturday 3rd August

12 noon

NW BAPS Family Celebration event St. Columbs Park House and Gardens

ALL WELCOME: FAMILIES, EXPECTANT AND NEW MUMS LUNCH, INFORMATION ON BREASTFEEDING, PERINATAL AND PARENTING SUPPORT FOR ENQUIRIES OR TO BOOK A STAND EMAIL:

NWBAPS@GMAIL.COM

Monday 5th August

10.30am-12pm

Waterside Shared Village BT47 2DD

ALL WELCOME- OPEN TO FAMILIES, EXPECTANT AND NEW MUMS

BREASTFEEDING MUMS

FOR MORE INFORMATION CONTACT

BRONA.MCSORLEY@WESTERNTRUST.HSCNI.NET

Tuesday 6th August

10am

Shantallow Surestart
Carnhill resource centre

OPEN TO BREASTFEEDING MOTHERS WITHIN THE SURESTART CATCHMENT AREA.

FOR MORE INFORMATION CONTACT;

MMCBREARTY@SURESTARTSHANTALLOW.ORG.UK

Wednesday 7th August

10.30am

Strabane Health Visitor Breastfeeding Group
Strabane Community Project gardens

TEDDY BEARS PICNIC FOR EMORE INFORMATION CONTACT; JENNA.RUTHERFORD@WESTERNTRUST.HSCNI.NET







## Hospital Information Stands

Altnagelvin Area Hospital Thursday 1st August North Wing Entrance Hall

South West Acute Hospital

Wednesday 7th August Foyer from 9.30am-3pm

Omagh Hospital & Primary Care Complex

Thursday 8th August Main Foyer from 9.30am-3pm

## Regional Event

Saturday 3rd August 10.30am

#### **Breastival 2024**

A day of FREE fun, learning & connection to celebrate World Breastfeeding Week

**GET TICKETS- BREASTIVAL 2024** 

Contact your Community Midwife or Health Visitor for support regarding Breastfeeding

Infant Feeding | Western Health & Social Care Trust (hscni.net)







#### WHSCT-Supporting Breastfeeding Mothers Returning to work

Breastfeeding mothers returning to work can avail of a free 'Return to Work' pack.

This pack contains; a cool bag, ice block, reusable water bottle and breastmilk storage bottles to assist in continuing the breastfeeding journey. The pack also contains additional information on safe storage of breastmilk.

Contact the Health Improvement Equality and Involvement Dept. on 028 7186 5127 or email <a href="mailto:health.improvement@westerntrust.hscni.net">health.improvement@westerntrust.hscni.net</a>

# Thank you for Celebrating World Breastfeeding Week 2024



































Have you had a recent experience relating to breastfeeding?

### Your views matter

Your story matters and could help bring about positive change to meet the needs of our patients and their families

Scan here to share your story:



