



The Human Milk Bank
Stages to becoming a Milk Donor

Contact the Human Milk Bank by email tmb.swah@westerntrust.hscni.net or phone 02868628333 to register interest in becoming a donor.

Donor will receive relevant information and Donor Record Sheet for completion and to be returned via email or post.

Donor record sheet will be reviewed by the Milk Bank Co-Ordinator and if clear donor will be emailed a donor number.

MILK ALREADY EXPRESSED

We require milk to be donated only in sterile single use hospital bottles we are unable to accept milk in breast milk storage bags.
Donor will be sent a blood testing kit

Please contact the Human Milk Bank Staff to arrange a collection date.

On receipt of blood testing kit, if a NI donor please book an appointment for bloods to be taken anytime the week of collection. If ROI donor please get bloods done on the Friday before collection on Sunday. Store in the door of your fridge until collection.

If donation is located in a hospital, contact will be made between The Human Milk Bank and Neonatal Unit to arrange collection.

Blood biker will collect donor milk on agreed collection date and the Human Milk Bank will notify the donor when donation is received.

NO MILK EXPRESSED YET

Donor will get sent a Starter Pack with 10 x 100ml bottles or if request a donor pack with 30 x 100ml bottles and temperature sheet

If you got a starter pack, when you nearing completion make contact with the Human Milk Bank to request a donor pack with 30 bottles and blood testing kit to be sent.

When nearing 3 Litres please contact us to arrange a suitable date for collection. First expression date cannot be older than 3 months when collected. **Collection takes between 4-6 weeks.**

If NI donor please book an appointment for bloods to be taken anytime the week of collection. If ROI donor please get bloods done on the Friday before collection on Sunday. Store in the door of your fridge until collection.

Donor will receive a confirmation email a few days prior to donation. The Blood Bikers will make contact on the number provided on the Saturday before Sunday's collection to confirm a time to meet you at your nearest hospital of choice to collect your donation and bloods if applicable.

Donor will receive an email confirming donation received.

If your donation passes microbiology, the Human Milk Bank would be delighted if you would donate again. Donations can be taken up until the 6 month birth date of your baby or if premature 6 month corrected birth date.