



NEWSLETTER

Autumn 2021

Easy Read



Adult Learning Disability Services

WHAT IS INSIDE?

Welcome to the Autumn 2021 edition of our Adult Learning Disability Services Newsletter.

In this special edition we have a spotlight on some events for our service users.

See inside for more...

- Our STELLA friends visit Lilliput
- Meet the new ALD Occupational Therapists
- Complete the Animal Word Search



Art Exhibition



Day Centres In Focus



Reconnecting Events



Ana Maria Teaching Makaton



Launch of the ALD Choir

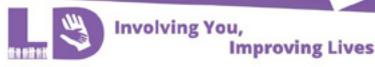
Welcome to the Adult Learning Disability Services Hub



Visit the Adult Learning Disability Services Hub for:

- Latest News
- Upcoming Events
- Information and Resources

westerntrust.hscni.net/service/adult-learning-disability-services/



Personal and Public Involvement (PPI)



Involving You, Improving Lives

Adult Learning Disability Online Hub



Visit the Adult Learning Disability Services online Hub at: westerntrust.hscni.net/services/adult-services/adult-learning-disability-services/

COVID19 Update

Stay 2 metres apart to social distance.



Wear a face mask.



Wash your hands.



Lilliput's Visit from our STELLA friends

Visitors from Italy, Sweden and Poland gave a music performance.



Lilliput group with Day Services Manager Natasha Mc Elhinney



Jan demonstrating variations of expression through sound and tempo. Care Assistant Anne Ramsey assisted Jan.



Maria Krzempek, Sebastian Włodarek and Jan Skiba



For all the latest News, Information and Events for Adult Learning Disability Services, check out the new-look Online Hub at:

westerntrust.hscni.net/service/adult-learning-disability-services/



Reconnecting Events

The Western Trust has worked with a number of partner agencies to provide a series of fun events for Adults with a Learning Disability and their families.



Friends Together – Western Trust Adult Learning Disability Choir

The Western Trust in Partnership with our Local Involvement Groups have created a new Inclusive Adult Learning Disability Choir - Friends Together.



The choir includes Adults with a Learning Disability, their Carers, and Trust Staff.

Rehearsals will take place each Tuesday evening via Zoom. Those with communication difficulties are encouraged to join as the Choir will be supported through the medium of Makaton.

The Choir plans to showcase their new skills in a Christmas Concert.

For more details and to sign up please contact Deirdre on 028 7186 4323 or email: Deirdre.Kelly@westerntrust.hscni.net

Mencap Free 'Planning for the Future' Seminars

At the free seminars parents can learn how to ensure their child has a fulfilling, financially secure future.



During seminars parents can gain support and information from Mencap's Wills and Trusts Service. The 2022 dates of the seminars are included below.

Book your place online at www.mencap.org.uk/willsandtrusts/events or phone 020 7696 6925

February	March	April	May	June
3 February	8 March	19 April	5 May	7 June
24 February	17 March	28 April	26 May	30 June
	24 March			
	31 March			
August	September	October	November	December
4 August	15 September	6 October	8 November	8 December
	29 September	13 October	17 November	
		27 October	24 November	



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Art Exhibition

Our Learning Disability Team with Omagh Local Involvement Group, were delighted to hold a special exhibition in Omagh Golf Club in August showing the work service users completed through Art Classes held over 6 months with local artist Phil O'Connor.

Student Carla Priestley said:
'It's fantastic!'

Student Claire Hamill said:
'Thank you for letting me be involved!'



Benbradagh

A busy time for Benbradagh and Willow Group enjoying fun at the park, cookery, flower arranging and a day of pampering!



Oaktree Centre



Colouring in time for Paul.

Morning Keep Fit.

Enjoying Milkshakes at McDonald's.

Valley Centre



Tyler, Christopher and Shaun enjoy fishing.



Sally-Mae leaving.



Enjoying a picnic at Roe Valley Country Park.



Celebrating Nathan's Birthday.



Being creative during Art Time.



Having fun on a boat trip on the River Foyle.



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Joy Through Self Care






Joy through Self Care



- A 4 Week Wellbeing Programme on Zoom with Nuala.
- Music, Movement, Fun, Laughter, Connection, Relaxation and Joy.
- Starts Thursday 25th November 2021 for 4 weeks from 11am – 12pm.
- Book your place NOW and come join in the fun.

Northern Sector:
Deirdre Kelly
on 02871864323

Southern Sector:
Jonathan McGuigan
on 02882835124

November

25





To find out more phone 028 8283 5124

made with photosymbols

NOW Connects Programme



NOW Connects

NOW Connects is a pre-employment programme for people with learning disabilities or autism.

The programme builds independence, confidence and develops key skills. It promotes independent living and develops social skills through a variety of activities and training.

NOW Connects supports individuals on their journey to a job with a future or into further training.

Contact us:
Aisling O'Doherty on: 073 9456 5134
Niamh Jones on: 074 6795 8322

www.nowgroup.org



Opportunities include OCN accredited Training and a range of Soft Skills courses:

- Personal Development
- Route Training/Road Safety
- Money Management
- Health & Wellbeing



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Ana Maria - Teaching Makaton



"I teach Makaton."

For more information go to:

- **Facebook:** facebook.com/AnaMakatanaTutor
- **Website:** www.ticketsource.co.uk/north-west-makaton-training
- **Email:** anamakatana@outlook.com

Meet our new Occupational Therapists

A new team of Occupational Therapists have joined Adult Learning Disability Services.



Louise McGurk
Specialist Occupational Therapist
for Adults with a Learning Disability
Southern Sector



Shelley Crawford
Clinical Lead Occupational Therapist
for Adults with a Learning Disability
Northern and Southern Sector

Animal Word Search

Find the animals in the word search below!



Cat



Fish



Horse



Monkey



Lion



Mouse



Bumblebee



Sheep



Hedgehog



Dog



Rabbit



Snake



Bird



Fox

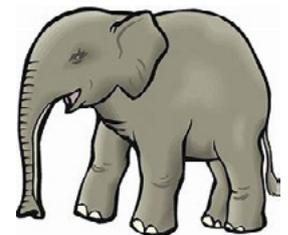
B	U	M	B	L	E	B	E	E	G
L	R	A	B	B	I	T	P	L	H
O	P	R	A	C	A	T	J	E	E
D	O	F	L	I	O	K	P	P	D
O	S	I	S	B	H	E	I	H	G
G	E	S	B	I	R	M	G	A	E
C	E	H	O	R	S	E	O	N	H
N	O	X	L	D	N	M	F	T	O
S	H	E	E	P	A	N	O	E	G
W	E	A	U	T	K	B	X	R	K
L	I	O	N	A	E	I	S	A	A
O	G	I	R	A	F	F	E	B	V
P	O	M	M	O	N	K	E	Y	P
S	M	O	U	S	E	W	L	H	S



Pig



Giraffe



Elephant