



NEWSLETTER

Summer 2021



Adult Learning Disability Services

WHAT IS INSIDE?

Welcome to the Summer 2021 Adult Learning Disability Services Newsletter.

In this special edition we have a spotlight on the Adult Learning Disability Week events held throughout the Western Trust from 14th-21st June.



Adult Learning Disability Week Events

See inside for more details.

- Meet our Speech and Language Team
- Complete the Summer Crossword

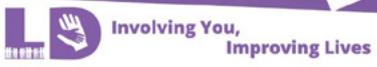


Eileen's Story



Day Centres In Focus

Welcome to the Adult Learning Disability Services Hub



Visit the Adult Learning Disability Services Hub for:

- Latest News
- Upcoming Events
- Information and Resources

westerntrust.hscni.net/service/adult-learning-disability-services/



To celebrate Learning Disability Week from 14th to 21st June the Local Involvement Groups sponsored a series of activities for Service Users in Day Centres across the Trust.

These included discos, interactive storytelling, a puppet show, balloon modelling and a visit from a mobile petting farm. Staff within the Day Centres ensured the activities were person centred and fun for all the Service Users.



Karen O'Brien, Director of Adult Mental Health and Disability Services, outlined that this years focus was on 'Reconnecting' with a series of fun events taking place in Day Centres throughout the Western Trust area.

Ms O'Brien said 'friendships are a particularly important part of all our lives and so the Western Trust is delighted to host a range of fun activities over Learning Disability Week that will allow a celebration of the friendships that exist with Day Centres'.

Stableyard Appartments



For all the latest News, Information and Events for Adult Learning Disability Services, check out the new-look Online Hub at:

westerntrust.hscni.net/service/adult-learning-disability-services/



Adult Learning Disability Week Events

Omagh Day Centre



Lilliput Theatre Group



Glenside Day Centre



Kesh Day Centre

Thank you to William's father for donating T-Shirts for T-Shirt painting!



Strathroy Day Centre



'Both myself as a parent and my daughter as a client would be lost without the Day Centre service and cannot thank everyone enough for their endless care and support'

Dromore Outreach Centre



Benbradagh Day Centre



Adult Short Break Cottages



Kildeas Day Centre - Tir Na Var



Fresh Focus

Lisnaskea Day Centre



Ralphs Close



Evergreen



Altnagelvin Hospital



Lakeview - Support Staff

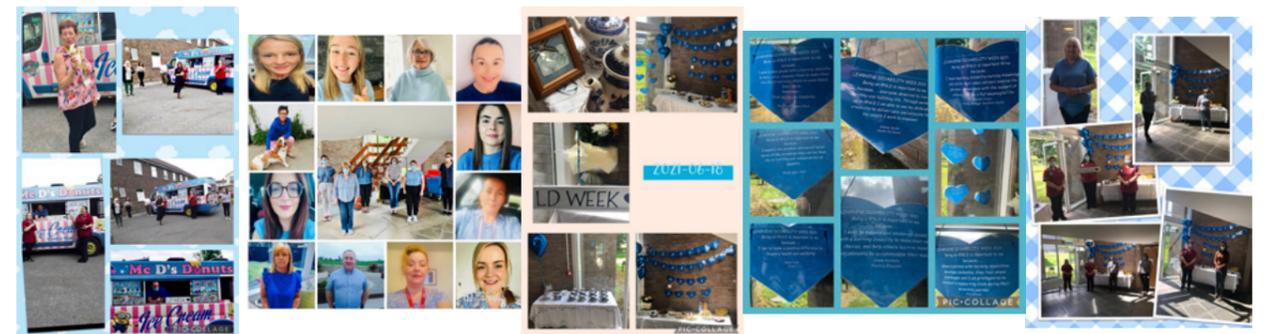
Melvin Lodge and Annex



Castleberg Outreach Centre



Omagh and Enniskillen



Cityside Apartments



Maybrook Day Centre



Gardening

Service Users and Staff at Maybrook have been working hard to make the court yard look good for summer.



Sponsored Walk

Clients at Maybrook participated in a sponsored walk to raise money for the 2021 summer programme. A total of £750 was raised. We used this money to purchase summer seats for our court yard.

Here are some pictures of us walking in the community and pictures of us with our certificates.



Summer Forum

We created a service user and staff summer forum that plans for upcoming summer activities. Service users are encouraged to participate and staff are guided by their views and wishes.



Oak Tree Centre

Due to the COVID19 pandemic activities at the Oak Tree Centre were limited.

Social distancing had to be adhered to and service users could not make use of indoor venues.

Instead, we had to plan trips to outdoor facilities such as parks, beaches and picnic areas.



Cathal and Marie enjoying the park



Walking Programme



Swanns Park, Buncrana

The Valley Centre

'It was the worst of times, it was the best of times, our year in lockdown.'

Our services were suspended on the 20th March 2020 due to the COVID19 pandemic. We used this time to prepare the recently renovated premises at Tullyvalley.

The old centre with flood damage and the newly renovated centre.



Before



After



On the 23rd of April 2020, the Valley Centre were saddened to hear of sudden passing of friend and colleague, Thomas Burke, a staff member of the Valley Centre.

A small memorial in the centre is dedicated to Thomas, who will be truly missed and always remembered.



Shortly after the new premises were complete staff were able to offer outreach work to some service users. Due to social distancing regulations service users could not make use of indoor venues. So throughout the summer, we planned trips to parks, beaches and picnic areas.

The Valley Centre is excited for the future, knowing that when staff and service users come together and work together we can overcome anything and provide a caring, safe and fun environment for everyone.



Millstreet



Everyone at Millstreet enjoys staying active.

Here we are doing Inclusive Bikes at the Lakeland Forum, walking, meditation, outside exercises and ball games.



Keith, Kevin and Thomas picking some flowers.



Paul, Thomas, Niall, Malcolm and Barry enjoy playing basketball at the Lakeland Forum and enjoy walks around the castle.



At Millstreet we really enjoy cooking, baking nice treats and learning new skills!



Enjoying looking at Lifebook's, making scrap books, outside work and Woodwork.

Eileen's Story

My name is Eileen Conway. I live on a farm in Altishane, outside Donemana.

During lockdown I felt bored and lonely as I wasn't able to get out and about during the week. This sometimes made me feel quite down but thankfully everything is getting back to normal.

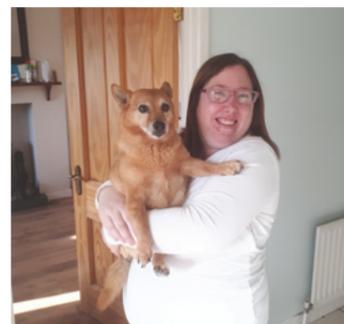
I have a dog called Tizer who is 17. I love him very much and he is a great friend.

My daddy got me a work placement in Parkview Vets in Strabane. I've been going to them for a couple of years now. I love working with animals! The vets and nurses are all really nice to work with.

I have gained a lot of confidence since working there and the vets teach me a lot about the animals. I get to watch the surgeries and they really make me feel like part of the team.

I have a number of people who support me, my social worker Geraldine McTernan as well as Bronagh from family support and Margaret who visits me at work. Marie and the staff at Glenside Satellite Unit help me a lot also.

I look forward to continuing my work placement in the future!



COVID19 Update

Recently there have been changes in arrangements related to COVID 19. However, in line with Public Health Agency, guidelines remain in place in all Health and Social Care settings including Hospitals, Day Centres and Transport to:

Stay 2 metres apart to social distance.



Wear a face mask.



Wash your hands.



Meet the Speech and Language Therapy Team



We help adults with a learning disability who have communication difficulties or swallowing difficulties. We can support you to understand information or help you get your message across.



We can help to make sure your food and drink is safe for you.



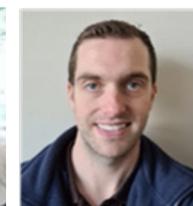
Hello my name is Karen. I am Speech and Language Therapist Clinical Lead for Adults with a Learning Disability.



Hello my name is Gillian I am a Resource Assistant.



Grace



Paul



Jane



Dawn

We are Speech and Language Therapists



Katie



Lisa



Siobhan



Grace

We are Technical Instructors

Meet Janet Doherty



Hi my name is Janet Doherty and I took up post on Monday, 17th May 2021 as Head of Service for Lakeview Hospital, Short Break and Supported Living Services.

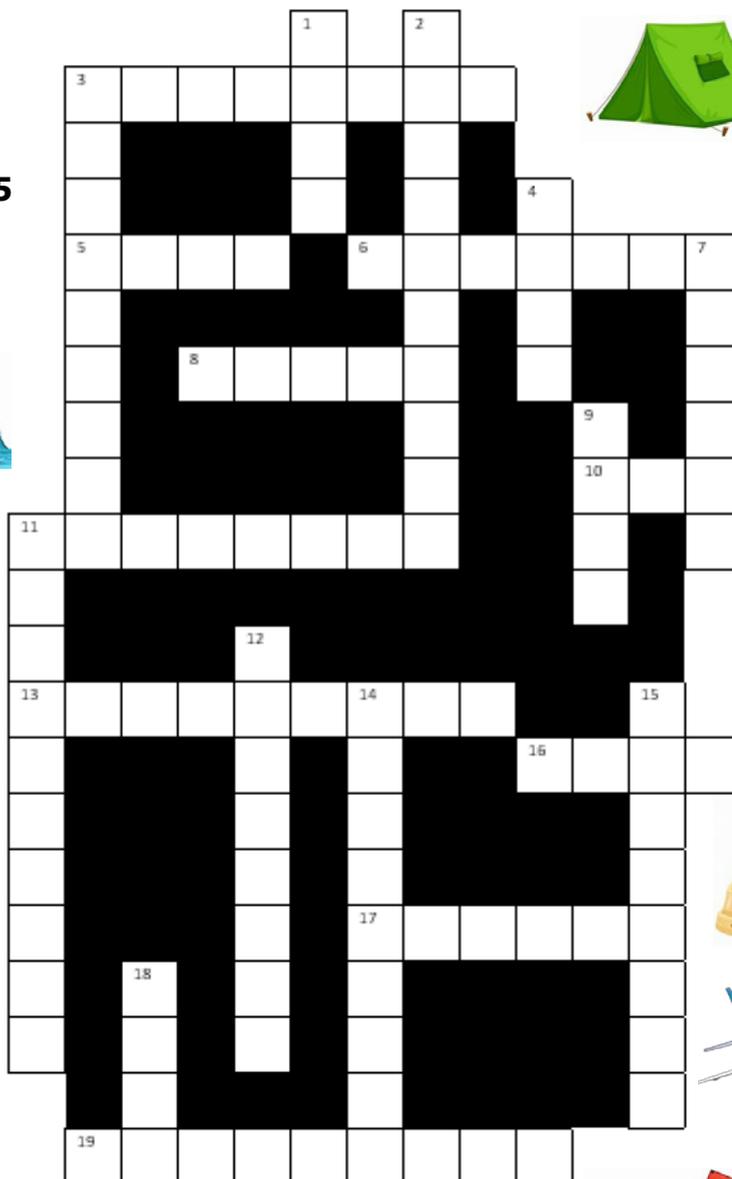
I will also undertake the role of Professional Lead Nurse within the Learning Disability and will be responsible for the Community Nursing Team and Specialist Nurses.





SUMMER CROSSWORD

Use the clues below to complete the crossword!



Across

- 3** You cook food outside on this
- 5** Round toy you can play with on the beach
- 6** These grow in the garden
- 8** White water in the sea
- 10** Worn to protect head from sun
- 11** Birds which can be found on the beach
- 13** Sit in the sun on this
- 16** Colour of summer sky
- 17** Food eaten outside
- 19** Find these at the beach and listen to the sea

Down

- 1** You sleep in this when you are camping
- 2** These are used to keep the sun out of your eyes
- 3** Black and yellow insect
- 4** You can do this in a pool or in the sea
- 7** These are worn on your legs in the summer
- 9** Type of big boat
- 11** You use a bucket and spade to build this
- 12** Eat this to keep cool in the summer
- 14** This takes you to other countries
- 15** You put your clothes in this to go on holiday
- 18** This flies in the sky on windy days and is held by a string