Western Health and Social Care Trust

NEWSLETTER
Spring 2022
Easy Read

Involving You Improving Lives

Adult Learning Disability Services
WHAT IS INSIDE?

Welcome to the Spring 2022 edition of our Adult Learning Disability Services Newsletter. In this special edition we highlight some events our service users have taken part in over the past few months.

Friends Together Choir

See inside for ...

- **COVID19 Update**
- **Meet our new staff**
- **Puzzles**

Maybrook Service Users complete recycling programme

Day Centre Updates

Visit the Adult Learning Disability Services Hub for:

- **Latest News**
- **Upcoming Events**
- **Information and Resources**

westerntrust.hscni.net/service/adult-learning-disability-services/

Personal and Public Involvement (PPI)

Involving You, Improving Lives

Adult Learning Disability Online Hub

Go to the online ALD Hub to find out what is happening.

The Hub can be found at:
westerntrust.hscni.net/services/adult-services/adult-learning-disability-services/

COVID19 Update

Take COVID19 Test twice a week

Get you COVID19 Vaccination.

Wash your hands.

Stay Safe.

Friends Together Summer Concert

The Friends Together Choir are delighted to announce their Summer Concert in the Alley Theatre, Strabane on 7th June.

Tickets cost £5 with all proceeds going to Cancer Research.

Come along and enjoy a wonderful evening of music and support this worthwhile charity.

Beltany House

Service Users at Beltany House are looking forward to more trips outdoors, baking and painting this Summer.

Glenside Day Centre

Service Users at Glenside enjoyed making pancakes on Pancake Tuesday. The Service Users were very creative with their decorating!

Benbradagh Day Centre

The Day Centre Service Users and staff celebrated World Disability Awareness Day by 'Rocking their Odd Socks". Well done everyone!

Benbradagh 'lights up in blue' for Autism Awareness Day on 2nd April. Service Users and staff dressed in blue to raise awareness of the day.

Maybrook Day Centre

Maybrook held a competition to mark the beginning of Spring.
Service Users and staff had to make a display for outside.
The bus driver entered the competition with his own handmade bus!

Staff and Service Users had a visit from the Honey Bear Ice Cream Van.
The ice cream man served up some lovely ice creams
that everyone enjoyed.

Oaktree Day Centre

It has been a busy few months at Oaktree Day Centre.

Service Users made this tree out of card and added their photos to the leaves.

Service Users and staff have enjoyed doing their keep fit classes in the morning.

Marie, Kathryn, Paul and Tracy enjoyed making cards for Mother's Day.

Dromore Day Centre

Service Users at Dromore Day Centre enjoyed making their own pancakes on Pancake Tuesday.

There was also a 'Self-Care for men' class held recently in the Day Centre.

The Service Users are looking forward to more fun activities in the summer.

Involving You Improving Lives

For all the latest News, Information and Events for Adult Learning Disability Services, check out the new-look Online Hub at:

Welcome to the Adult Learning Disability Services Hub
Involving You, Improving Lives

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Omagh Day Centre

Service Users at Omagh Day Centre recently have worked on a Safeguarding Easy Read Booklet with the Adult Safeguarding Team.

Some Service Users recently enjoyed taking part in the 'Joy Through Self Care' Programme.

Valley Centre

Roy recently baked some lovely fairy cakes.

Service Users made some handprints for Mother's Day.

Service Users enjoy listening to music and dancing at the weekly music sessions. Michelle, Curtis and Anne love to sing for everyone.

Tir Navar

Service Users meeting lambs at Dolan's Social Farm.

Service Users enjoying a walk in the Spring sunshine.

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Maybrook Day Centre Service Users complete council waste and recycling course

Service Users learned about waste, recycling and made bird feeders.

Meet Our New Staff

Health Facilitators

We work with GPs to keep you healthy.

Bridin McAleer
Omagh area

Louise O'Kane
Limavady, Derry and Strabane area

Mary Neeson -

Learning Disability Mental Health Liaison Nurse

I help people who are in distress.

Get Involved...

If you would like to submit an article for the next edition of the Adult Learning Disability Services Newsletter, please contact Deirdre Kelly by 1st June 2022 at - deirdre.kelly@westerntrust.hscni.net

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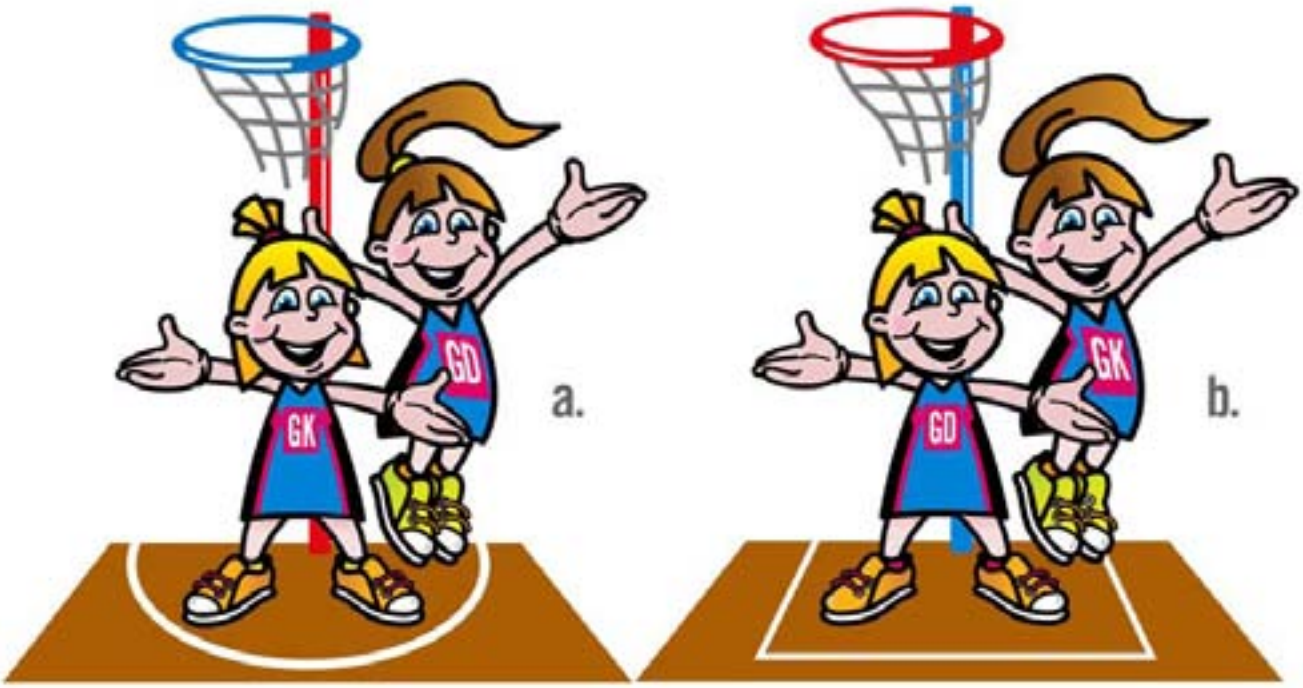
Circle the animal

Draw a circle around all the animals below.

Spot the Difference

Can you spot the 9 differences between the two images below?