

### **When do I get my results?**

You normally go home with all or most of your results on the day of the clinic. This is why this clinic may take **3-4 hours**.

The Radiologist will report on your X-Rays and Scans once they have been completed. The report goes back to the Doctor who saw you at the start of the Clinic. You will see this Doctor to discuss results before you leave the clinic.

If you have a fine needle test taken the result will also be available at the clinic.

If you have any biopsies taken the result is **not** available on the day. The result from this test can take 3-5 days but the Doctor and Breast Care Nurse will speak to you about this at the end of the Clinic.

### **What if I am told I have breast cancer?**

You will be cared for by a specialist breast cancer team. They will talk to you about your diagnosis and your treatment options.

### **Who can I talk to if I have any further questions?**

The Breast Care Nurses will be available to speak to you at the clinic and will be happy to answer any of your questions

### **Refreshments**

Tea and coffee will be provided at the clinic for any patients' who need to have biopsies taken. There is also a water dispenser in the main waiting area.

There is a shop and Coffee Bar located in the Front Hall of the main hospital and there is a Coffee Bar at the entrance to Outpatients should anyone wish to avail of these facilities.



# **Fast Lane Breast Clinic Patient Information Leaflet**

### Why am I at the Breast Clinic?

You have been given an appointment to attend the Fast Lane Breast Clinic because:

- you have found a lump
- you noticed a change in your breast
- you were referred by your GP
- another hospital Doctor has referred you here for further tests

### Can I bring someone with me?

Yes, you may find it helpful to bring someone such as a partner, a relative or a friend along with you. However it is advised that only **1** person should accompany you as space is limited.

### How long will this appointment take?

Your appointment may take anything from **3-4 hours** depending on what tests and procedures need to be carried out. Due to the length of this clinic it is advisable not to bring young children.

### What will happen at my appointment today?

- A clinic nurse will bring you from the waiting area to the changing area.
- You will be asked to undress your top half to the waist and put on one of the Pink Gowns provided.
- You will then be directed to have a seat in the 2nd waiting area where only **1** person may accompany you (*if clinic size permits*).
- You will be called in to see one of the clinic Doctors or a Nurse Practitioner to have a consultation and examination of your breasts. They may then refer you for a number of tests which will all be done today. The tests carried out at this clinic include the following (but you may not require all of these):
- **Mammogram** - breast x-rays (if you are **over 35yrs**) which is carried out by a female mammographer.

- **Breast Tomosynthesis** – similar to a mammogram but provides a 3-D image of the breast.

- **Ultra Sound** – a painless scan carried out by a Consultant Radiologist or Consultant Radiographer which shows a picture of the tissues within the breast. A female chaperone will always be present in the room.

### The following tests, if required, are carried out under local anaesthetic which numbs the area:

- **A Fine Needle Test** – a few cells will be removed from the breast with a very fine needle and these will be examined under a microscope at the clinic. This test is similar to having blood taken.
- **A Biopsy** – A small sample of breast tissue will be taken with a needle (usually with ultrasound guidance) and is sent to the laboratory for analysis.
- **Stereo-tactic biopsy** – this is a biopsy done with x-ray guidance rather than ultrasound guidance.