



Before your visit

What is Orthopaedic ICATS?

ICATS stands for Integrated Clinical Assessment and Treatment Service. It is a screening service set up to help you see the right person for your condition. Your doctor has referred you to the orthopaedic ICATS clinic. This clinic sees people with muscle, bone or joint problems.

Your Appointment

Enclosed with this leaflet is your appointment letter with the time and date you are to attend the clinic. When planning your visit you should allow about 30-40 minutes for your appointment. It may also be a good idea to leave extra time for parking.

What do I need to bring/wear?

- your appointment letter
- shorts if you have a back or leg problem
- vest/top if you have a neck or shoulder problem

Please do not worry if you do not have shorts or vest/top - you will be seen in an individual cubicle.

Where do I need to go?

Map/directions are given on your appointment letter. We want to make sure that you find it easy to attend your appointment. Some clinics may be based in health centres as well as hospital sites.

What if I cannot keep my appointment?

Please tell us immediately if you cannot keep your appointment. The phone number to contact us is on your appointment letter. Giving us as much notice as possible will allow us to offer your appointment to someone else. This will help us shorten our waiting list. If you do not attend, without telling us in advance, you will be discharged and your doctor informed. If your symptoms have improved and you do not need to attend, please still let us know. Even a few hours' notice may allow

us to see a patient referred urgently to the service.

About your visit

Who will I see at my appointment?

You will be seen by a fully qualified healthcare professional, such as a doctor, physiotherapist or podiatrist. The person you see will have specialist training in conditions like yours.

What will happen at my appointment?

The healthcare professional will ask you questions about your condition. Then, with your consent, they may examine your joints, muscles and other soft tissues. You may be asked to remove some items of clothing so that they can look at how you move. Your privacy and dignity will be respected at all times.

