



**HSC** Western Health  
and Social Care Trust

**HSC** Public Health  
Agency

[www.stopsmokingni.info](http://www.stopsmokingni.info)

# Smoke Free

## Staff Information Leaflet

Do you need help to stop smoking? It's never too late to quit. Contact our Smoking Cessation Team.

**0800 9179388**



Welcome to the Western Health and Social Care Trust (WHST) a smokefree organisation. This means that smoking and vaping is prohibited in all areas of the Trust, including all buildings, doorways and entrances, grounds and car parks, Trust owned vehicles and privately owned vehicles.

### Why Smokefree?

The purpose of the smokefree policy is to protect and improve the health and wellbeing of all employees, visitors, contractors, volunteers, patients and other people who enter the Western Trust premises. Completely smokefree hospitals and grounds comply with smokefree legislation to create a clean, pleasant environment for people trying to stop smoking and reduce triggers that cause many smokers to relapse. Smoking increases a patient's risk of complications and often delays their recovery. If smoking occurs at entrances and windows, this smoke will drift back in and pose a further hazard to the health and wellbeing of inpatients that are already compromised by virtue of their medical condition.

### Who Does the Policy Apply to?

Everyone:

- Service Users/patients
- Staff
- Volunteers
- Visitors
- Contractors
- Other people who enter the sites or premises of the Western Trust

### What Does it Mean for me as a Staff Member/Western Trust Employee?

You are not permitted to smoke or vape in any Western Trust building, including entrances and exits, Trust grounds or vehicles. As a WHST employee, we hope that you will take pride in working in a smokefree environment. Staff also have a responsibility for the successful implementation of the Smoke Free Policy. Therefore, if you encounter anyone smoking, politely and courteously ask them to extinguish all smoking materials and advise them on the smokefree policy highlighting that there is no designated area to smoke on any trust site. Smoking should be treated as part of the patient's care plan during their stay. They should be given the Smokefree Patient Information leaflet, offered Nicotine Replacement Therapy (NRT) on admission and referred to the Smoking Cessation Team for further support.

### What Happens to a Western Trust Employee who Fails to Comply With the Policy?

Any employee who breaches this Smokefree Policy may be reported to their line manager and may be disciplined in accordance with the Trust's Disciplinary Procedure. The WHST recognises its duty to employees who want to stop smoking through providing a stop smoking service.

**Smoking can seriously damage your health. Breathing tobacco smoke can kill. As a health care organisation, we actively discourage smoking, there are no smoking facilities on site.**

