

**The Psychosexual Department is
administratively based at:**

**Erne House, Tyrone & Fermanagh
Hospital, Omagh.**

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*The department acknowledges
the integral role that sexual
functioning and the effects of
sexual abuse have on the mental
health of our clients, and the
importance of providing services
to address these issues.*

All referrals should be forwarded to this
base and they will then be allocated to the
appropriate service. The service
acknowledges the rural structure of the
W.H.S.C.T. Trust area and therefore we will
endeavour to provide therapeutic work at a
location that is most accessible to clients.
The main centres for provision of therapy
are;

**Erne House, Tyrone & Fermanagh
Hospital, Omagh;
Sperrin Centre, Gransha Hospital,
Londonderry and at
Community facilities in Omagh,
Enniskillen, Strabane,
Londonderry and Limavady**

Psychosexual Department

Information Leaflet

About Our Service

The Psychosexual Department is comprised of a group of services meeting the needs of clients in the following areas:

□ ***Psychosexual dysfunction.***

- Treatment for sexual difficulties arising from a variety of causes, including psychological and physical. Treatment methods used are principally, though not exclusively, of a psychological nature.

□ ***Adult survivors of sexual abuse***

- Treatment for difficulties in life function including psychosexual difficulties (though not exclusively).
- Often long term contact with mental health services.

□ ***Programme for Prevention of Sexual Abuse (PPSA)***

- Therapeutic service to offenders and their families.
- Ability to protect assessment complemented by psycho-educational groupwork programme.
- Goal is to prevent further abuse; break cycles of abuse within families, prevent future mental health difficulties.

The Staff Team

The Psychosexual Department is a specialist multidisciplinary service comprising of personnel from a range of professional disciplines and backgrounds including medicine, psychology, social work, psychiatric nursing and psychotherapy. In addition to providing a comprehensive and multi-factorial approach to the origins of difficulties in sexual functioning and sexually abusive experiences (Bio-Psychosocial approach) the staff team possess a wide range of therapeutic skill, expertise and experience within this highly specialist field.

Clinical Director: Mr Paul Quinn, Consultant Clinical Psychologist.

Service Manager: Mr Martin Cartin, Cognitive Behavioural Therapist & Registered Psychiatric Nurse.

Team Administrator: Mrs Ana Ward

Service Provision

Provision of services relevant to client needs is achieved in the following ways:

1. All clients are individually assessed and have an individual treatment programme relevant to those needs drawn up and agreed.
2. All clients are assigned a professionally trained and supervised therapist.

3. Therapeutic sessions where possible, are delivered close to client's home area unless clients request otherwise.
4. Both individual and group therapeutic approaches are deployed.
5. Regular review and evaluation of services is carried out, including clients' views of services.

Referral Procedure

Referrals to the Programme for Prevention of Sexual Abuse can be made by obtaining a PPSA Referral Form from Erne House or Sperrin Centre. All other referrals can be made by forwarding a brief history of relevant background information and presenting problems to the Service Manager or Clinical Director at Erne House (details should include name, address, date of birth and G.P.). In order to assess suitability for treatment a consultation process or discussion may take place prior to referral being made.

The Psychosexual Department provides a service for persons from sixteen years of age and upwards.