



Western Health  
and Social Care Trust

**Adult ASD Service  
(Intellectual Disabilities)**

# **Consent Toolkit**

**The enclosed is not essential but can be used to assist in the process of establishing consent with or for your client when referring to the Adult ASD Diagnostic Assessment Service.**

If you have any questions or queries regarding the use of this toolkit please contact our office on 028 71320167 or ext's 225368/225369.

## Providing Consent for a Referral to the Adult ASD Service

Some people may have difficulty with giving consent. Prior to submitting a referral; the referrer should make an attempt to discuss the referral with the client with a view to gaining consent. Alternatively the referrer should take appropriate steps to establish a 'Best Interest Decision' on behalf of the client (Section 4 Mental Capacity Act, 2005; DHSSPS (2003) *Seeking Consent: Working with People with Learning Disabilities*).

The Adult ASD Service has provided a toolkit to help the referrer obtain consent from the client. This toolkit includes visual information to support the referrer in explaining to the client that they wish to make a referral to the service and to then help the client make an informed decision.

After using this toolkit: Does this person understand what a referral to the Adult ASD service is?

**Yes**

If the service user is considered to have capacity to consent to referral.

Complete the consent form:  
1) Service user signs *and/or*  
2) Referrer to confirm that a verbal agreement was made  
3) Referrer to confirm that a nonverbal agreement has been made (thumbs up, pointed to tick (✓) visual, head nod etc...).

**No**

If the service user is considered **not** to have capacity to consent to referral.

Where possible collaborative discussion between carers and staff should occur to agree a 'Best Interest Decision'. Such decisions should be keeping with mental capacity legislation.

# Consent Form

This form is called a consent form.

Consent means saying **yes** or **no** to something.

## I want to refer you to the Autism Service.

Before I can refer you to the Autism Service I must ask you if this is ok.

It is up to you to decide  **Yes** or  **No**

You do not have to be referred to the Autism Service if you do not want to.

To help you understand what the Autism Service do I have a leaflet to show you.



It tells you who the Autism Service Staff are and what they do.

Please tick *if given and discussed* with the client

# Consent Form



Your Name: \_\_\_\_\_



When you were born: \_\_\_\_\_

## Can I refer you to the Autism Service?

*(Please circle the client's choice)*



I say **Yes** to being referred to the Autism Service



I say **No** to being referred to the Autism Service



Sign Name: \_\_\_\_\_

Date Signed: \_\_\_\_\_

## To Be Completed By Referrer

- I have provided the client with the information leaflet, pictorial consent form and discussed with them our wish to refer to the Adult ASD service for diagnostic assessment. They have willingly signed the consent form:

- If your client is unable to sign the consent form did they demonstrate a:

Clear Verbal Agreement

Clear Verbal Disagreement

Clear Non-Verbal Agreement

Clear Non-Verbal Disagreement

**If your client is *unable to consent by using any of the above*, please complete the following:**

Does your client have the capacity to consent to this referral?

Yes

No

**If No:**

Please confirm if a Best Interest Decision for this referral has been decided upon:

Yes

No

**If Yes:**

Please detail those involved in making the best interest decision:

Staff: \_\_\_\_\_

Carers: \_\_\_\_\_

Referrer Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please return this form with the referral to:  
**Adult ASD Services, Oldbridge House, Glendermott Road, L'derry BT47 6BG**

Alternatively

Please contact us on 028 7123 0167 if you wish to discuss further.

## Information Leaflet

### About Autism

Autism is often called Autism Spectrum Disorder.

Some people call it **ASD**.



Many people in Northern Ireland have  
Autism.

Some people who have Autism may find it difficult:



talking to new people,  
making friends  
and telling others how they feel.

Autism is **not** an illness or disease.



It is good to find out if someone has  
Autism.

Then they can get the right help and  
support.

**The Autism Service** can find out if **you** have Autism.

I can refer you to the Autism Service.

Refer means I will ask the staff to meet you.

The staff in the Autism Service are:



Caroline Parker  
Clinical Psychologist



Sheryl Jenkins  
Speech and Language Therapist

The staff can do assessments to see if you have Autism.

To do the assessment they will meet you.



They will talk to you.

They will show you pictures and objects.

They will tell you if you have Autism or not.

They will decide



**Yes**

or



**No**