

## **Helpful Reading**

### **Books for Adults**

#### **It's OK that you're NOT OK**

Devine, Megan (2017) Sounds True

#### **When parents die: Learning to live with the loss of a parent**

Abrams, Rebecca (2013) Routledge

#### **Surviving the Early Loss of a Mother: Daughters Speak**

Tracey, Anne (2008) Veritas

#### **Beyond the Rough Rock: Supporting a Child who is bereaved through Suicide**

Stubbs, D & Stokes, J (2008) Winston's Wish Publications

#### **The year of magical thinking** Didion, Joan (2006) Harper

#### **A Special Scar: The Experiences of People Bereaved by Suicide**

Wertheimer, A. (2001) Routledge 2<sup>nd</sup> edition

#### **Grieving: A Beginners Guide**

McCormack J. H., (2006) Paraclete Press

#### **'You'll get over it: The rage of bereavement'**

Ironside, Virginia (1997) Penguin

### **Books for Younger Children**

#### **Michael Rosen's Sad Book** (all ages)

Rosen, M (2011) Walker Books

#### **The Memory Tree** (4+ years)

Teckentrup, Britta (2014) Orchard Books

#### **When Someone Very Special Dies** (5+years)

Haggard, M. (1991) Woodland Press

#### **Badger's Parting Gifts** (3-5 years)

Varley, S. (1985) Hodder and Stoughton

#### **Help me say goodbye** Activity Book

Silverman, Janis (1998) Fairview Press

### **Books for Teenagers**

#### **When a friend dies: a book for teens about grieving and healing**

Gootman, Marilyn E (2005) Free Spirit

#### **The grieving teen: A guide for teenagers and their friends**

Fitzgerald, Helen (2000) Fireside

#### **Healing Your Grieving Heart for Teens 100 Practical Ideas**

Wolfelt, Alan, D (2001) Companion Press